Pre-Travel Vaccination and Counseling for the PCP

Booth Wainscoat, DO
UPMC Division of Infectious Disease/ID Connect
October 19, 2023

We live in a global community

Lecture goals:

- ☐ Introduce 3 major factors impacting Travel Medicine
- ☐ Described The GeoSetinnel Network and latest U.S. TM statistics
- ☐ Develop a practical strategy for navigating vaccine and chemoprophylaxis needs for selected travelers

Impact factors in Emergence of TM Problem

Trends in travel volume

Influence of Climate change on infectious disease

Practice Gap in Travel Medicine services in the U.S.

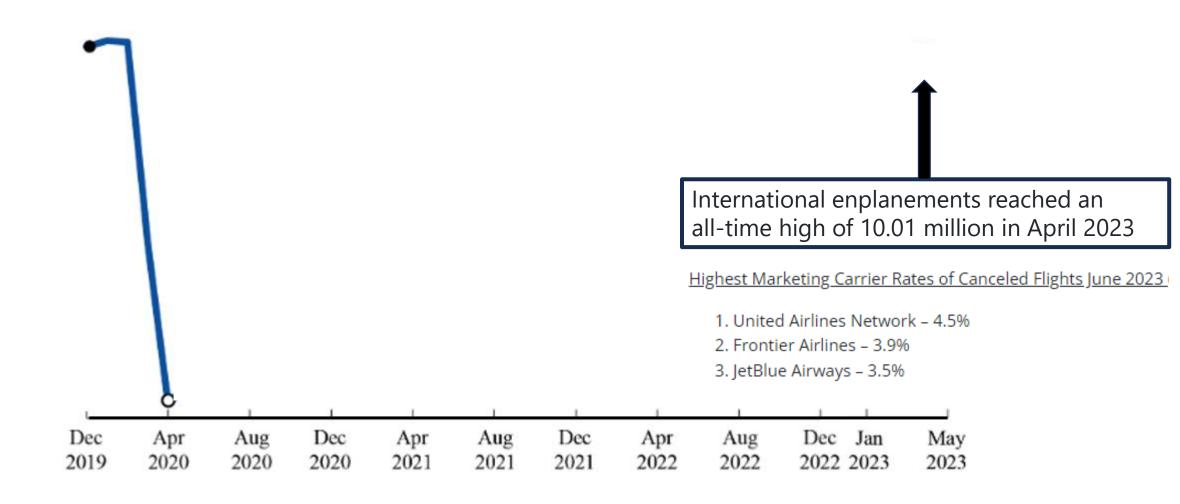
Trends in Travel Volume

Figure 1. Annual Passengers on U.S. Airlines: 2003–2021 Passengers in millions, unadjusted (000,000)

2020-2023 U.S. Airline Traffic Data



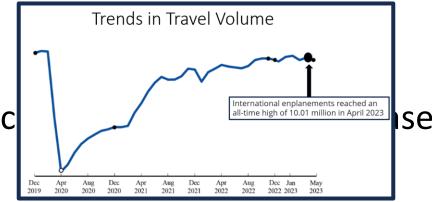
Trends in Travel Volume



Impact factors in Emergence of TM Problem

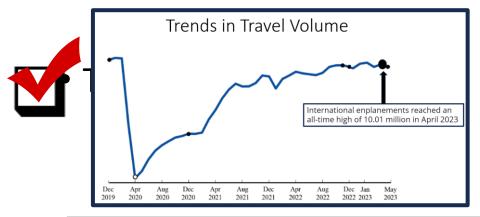


Influence of Climate c



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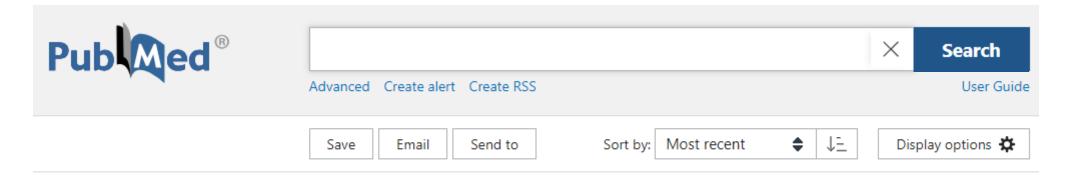
Impact factors in Emergence of TM Problem



Influence of Climate change on infectious disease

• Practice Gap in Travel Medicine services in the U.S.

Influence of Climate change on infectious disease



- Global climate changes may either enhance or dimmish specific pathogen activity
- However, the influence of extreme weather events on infectious disease vectors [mosquitos] has been an established factor for over a century

ARTICLES

https://doi.org/10.1038/s41564-019-0376-y



Corrected: Publisher Correction; Publisher Correction

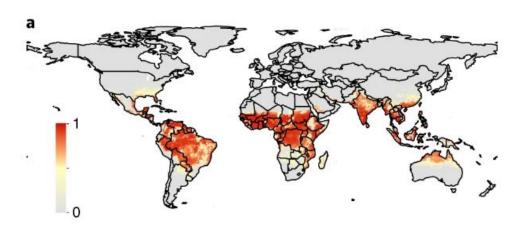


Past and future spread of the arbovirus vectors Aedes aegypti and Aedes albopictus

Moritz U. G. Kraemer 1,2,3,42*, Robert C. Reiner Jr4,42, Oliver J. Brady5,6,42, Jane P. Messina7,8,42,

¹Department of Zoology, University of Oxford, Oxford, UK.

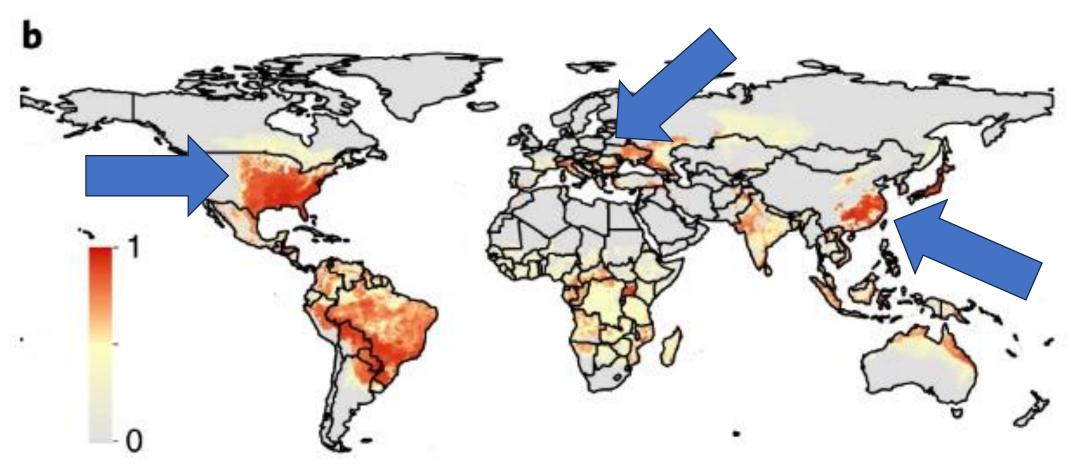
NATURE MICROBIOLOGY | VOL 4 | MAY 2019 | 854-863 |



Past and future spread of the arbovirus vectors Aedes aegypti and Aedes albopictus NATURE MICROBIOLOGY [VOL 4] MAY 2019 [854-863]

- Transmission of dengue, yellow fever, chikungunya and Zika requires vectors Aedes mosquito vectors [Ae. aegypti and Ae. Albopictus]
- Numerous predictive models focus on climatic changes impacting spread of *Aedes* mosquitos but fail to predict intracontinental spread of the species.
- Human-mediated range expansion is a significant factor predicting intracontinental spread
- The authors create a combined forecast model of future climatic conditions and urban growth to predict the ranges mosquito vectors from 2015 to 2080

Predicted global geographical distribution of Aedes aegypti

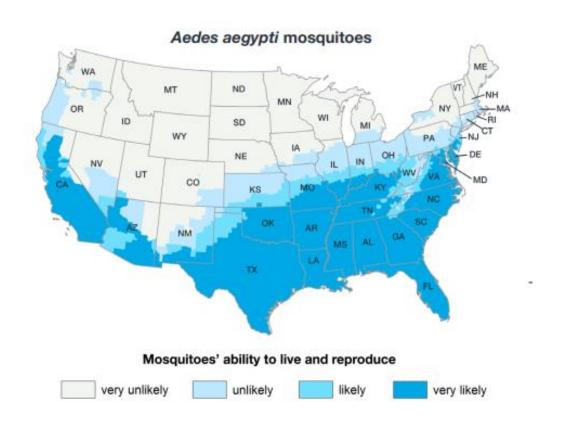


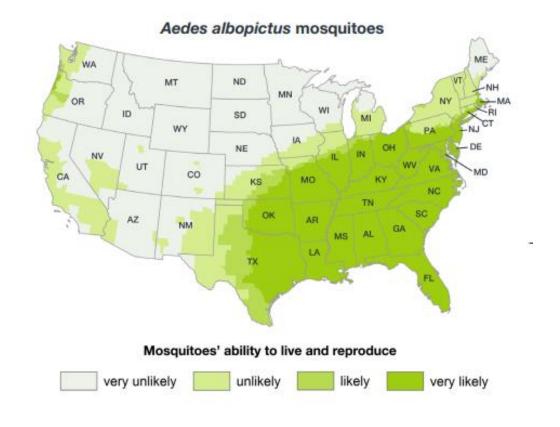
- (a) The distribution of Aedes aegypti
- (b) in 2050 under the medium climatic scenario



ESTIMATED potential range of Aedes aegypti and Aedes albopictus in the United States, 2017*







nature

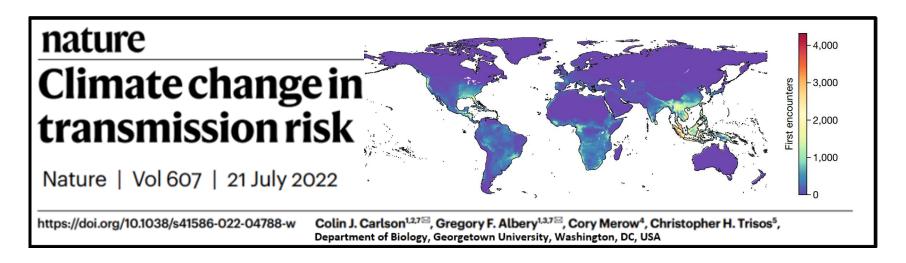
Climate change increases cross-species viral transmission risk

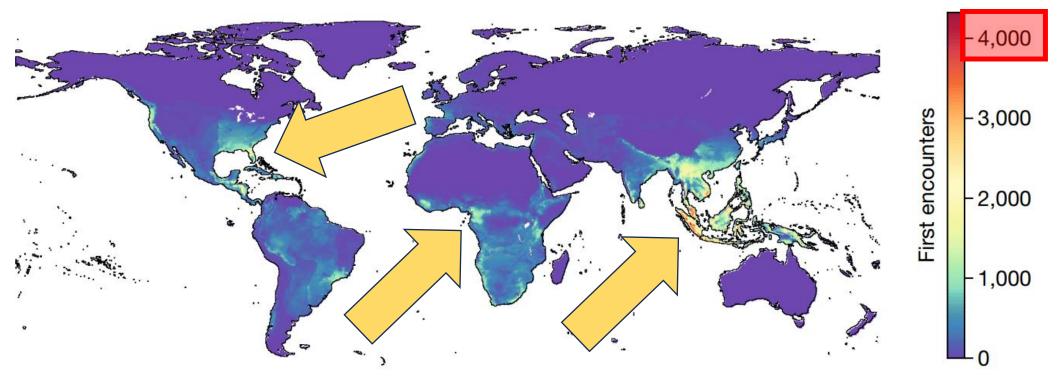
Nature | Vol 607 | 21 July 2022

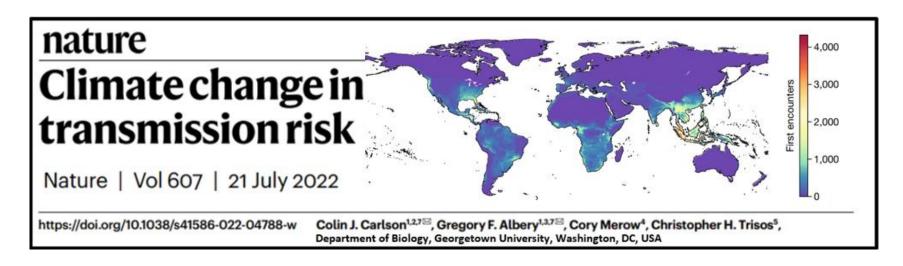
https://doi.org/10.1038/s41586-022-04788-w

Colin J. Carlson^{1,2,7,≅}, Gregory F. Albery^{1,3,7,≅}, Cory Merow⁴, Christopher H. Trisos⁵, Department of Biology, Georgetown University, Washington, DC, USA

- ~1,400 distinct pathogenic species known to cause infection in humans
- >10,000 virus species which have the ability to infect humans currently circulating silently in wild mammals.
- Climate change, land use and movement of humans and wildlife create opportunities for viral sharing in new geographical locations creating "Zoonotic spillover"
- The authors use mammal—virus network modeling to project "spillover' into 2070.

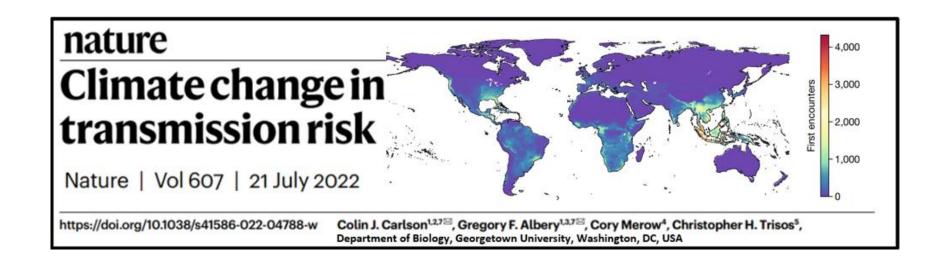




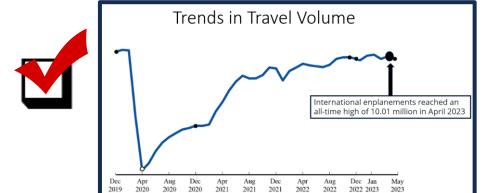


Findings:

- the combinations biodiversity hotspots and high human population density will lead the most frequent viral sharing in Asia and Africa
- Novel viral sharing involving bats will be the strongest facilitator of future emerging viral infection in humans
- Holding global warming under 2 °C within the 21st century will not reduce future viral sharing.



Impact factors in Emergence of TM Problem



2021





2022 2023

Practice Gap in Travel Medicine services in the U.S.

Practice Gap in Travel Medicine services in the U.S.

How often do PCP's offer Pre-Travel Vaccination and Counseling?

• Primary care providers are positioned to be the best advocates for health among their patients who travel.

 While risk of exposure to infectious disease abroad is important, travelers' routine health is always a priority when considering the risk of travel

Practice Gap in Travel Medicine services in the U.S.

How often do PCP's offer Pre-Travel Vaccination and Counseling?

- Statistics on TM practice in primary care in the U.S. are lacking
- Few U.S. medical residency and primary care programs offer substantial formal travel medicine training.
- Some countries incorporate TM more commonly into primary practice.

Nationwide Survey of the Role of Travel
Medicine in Primary Care in Germany
Gwendolin Ropers, Gérard Krause, Friedrich Tiemann, Mirna Du

1,320 Primary Care Providers in Germany

Travel immunizations – 95.2%

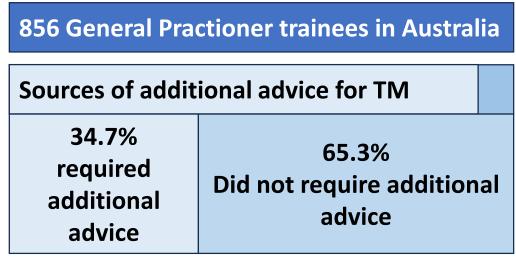
Malaria prophylaxis – 93.7%

Traveler's diarrhea-85%

How often do PCP's offer Pre-Travel Vaccination and Counseling?

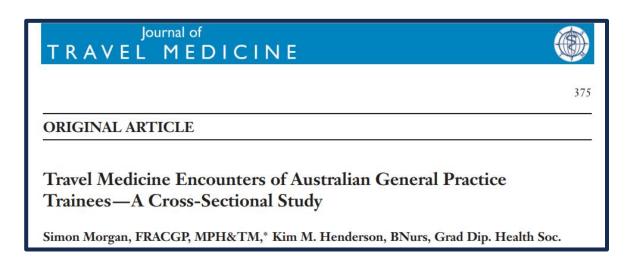
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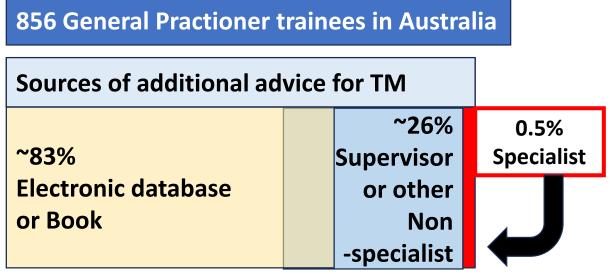




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Who performs Pre-Travel Vaccination and Counseling?



Published: 27 December 2018



Review

Pharmacy-Based Travel Health Services in the United States

Keri Hurley-Kim 1, Jeffery Goad 2, Sheila Seed 3 and Karl M. Hess 4,*

Department of Pharmacy Practice, School of Pharmacy, West Coast University, Los Angeles, CA 90004, USA; khurley@westcoastuniversity.edu

Who performs Pre-Travel Vaccination and Counseling?



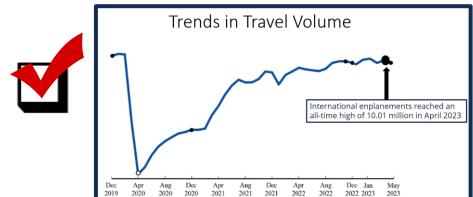
Pharmacy-Based Travel Health Services in the United States

Hurley-Kim K, et al Pharmacy (Basel). 2018 Dec 27;7(1):5

- Pharmacists are essential members of a Pre-travel care plan
- More than 300,000 pharmacists have been trained to immunize in the United States
- The American Pharmacists Association (APhA) reports that more than 10,000 pharmacists have received specialized travel health training
- Collaborative practice agreements (CPA) with physicians in ambulatory care settings; however, several states and territories now allow for more independent practice

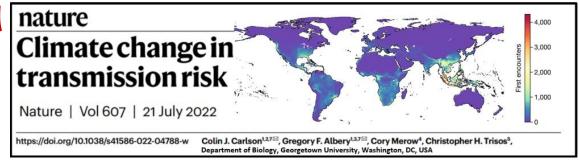
Practice Gap in Travel Medicine services in the U.S.

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2021





2022 2023



Practice Gap in Travel Medicine services in the U.S.

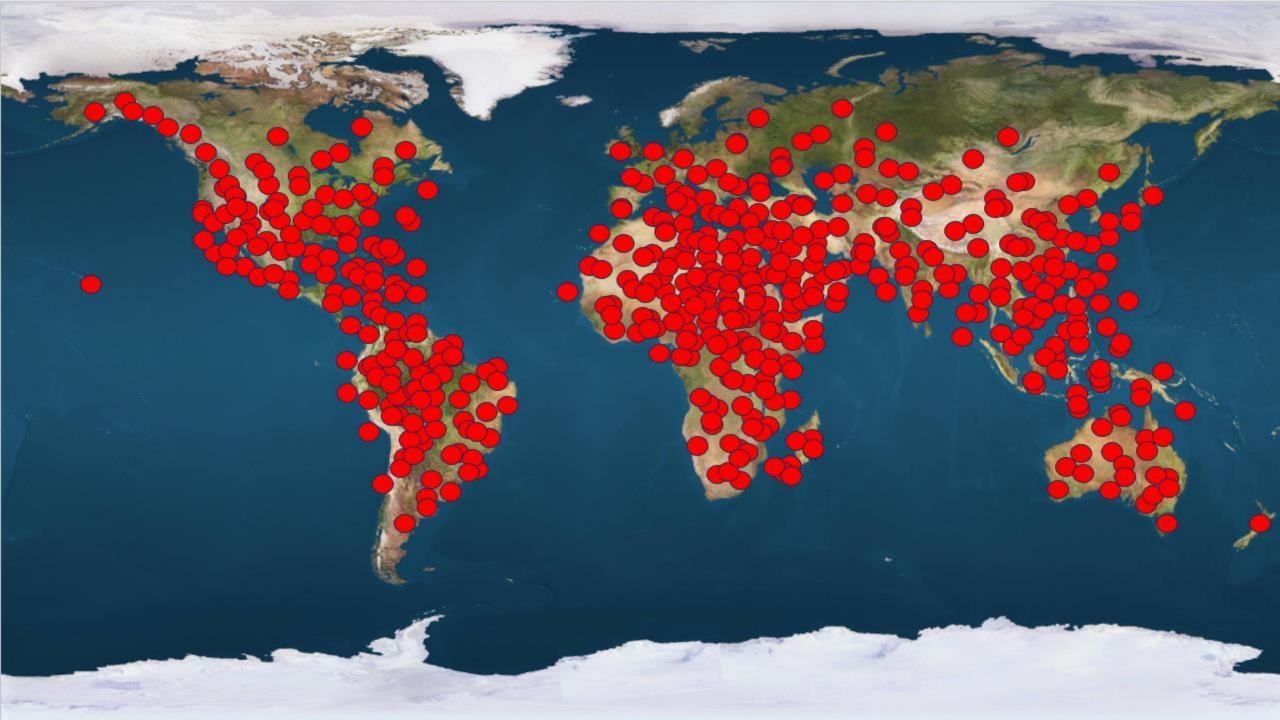
Frequent patient questions regarding travel:

- Is it safe to travel?
- Did the pandemic change travel?
- What are the chances I get sick? Do I really need that vaccine?
- Can my PCP do this or do I need a specialist?

Is it safe to travel?

- All travel has some degree of inherent risk
- Risks are correlated with specific destination, duration, seasonal variation, activities, diet and lifestyle choices while abroad.
- Change the question: Have you safely prepared for travel?







74 year old M New York resident developed fever, myalgia, nausea, and vomiting 3 days after visiting the northern Amazon area. Fever, abdominal pain, and watery diarrhea persisted and was admitted to a hospital in Peru, where Entamoeba histolytica was detected in his stool. He was received support care but progressed to critical illness

A 27-year-old woman with two days of watery diarrhea, abdominal cramps, nausea, vomiting and fevers that commenced one day prior to return after a 3-week trip to Vietnam. Her partner also had similar diarrheal symptoms. Her abdomen was diffusely tender with positive Murphy's sign. Dx: acalculous cholecystitis

24-year-old male with no significant PMH who presented to the ED with 6 days of fever, headache, fatigue, and myalgia. Travel: 3-week trip to Sierra Leone, West Africa. He was in his usual state of health before and during his trip. Denied insect bites or sick contacts. He required hemodialysis w/complications of acalculous cholecystitis and DIC

45-year-old male completed trekking adventure in Northern Australia. He recalled contact with insect and ticks as well as feral pigs He developed 2-day history of acute confusion and fever and was admitted to ICU with neurologic deterioration requiring LP.



Peru



Vietnam



Sierra Leone

Australia

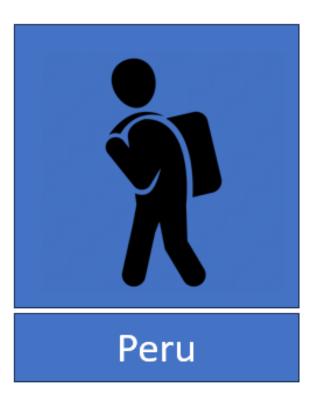
Were pre-travel care needs met for each case?

















Were pre-travel care needs met for each case?







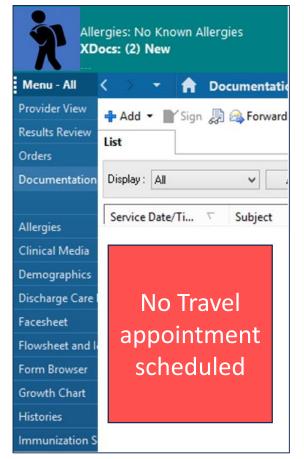


Goals:

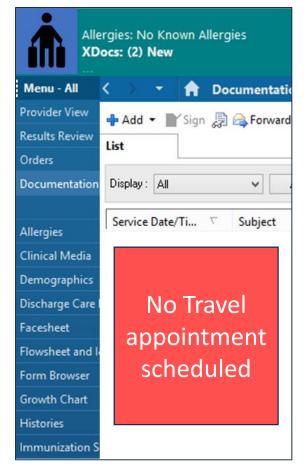
- Identify the most common missed opportunities in Pre-Travel care
- Detect patterns in pre-travel needs across various destinations
- Develop a comprehensive strategy to optimize Pre-travel consultation

Were pre-travel care needs met for each case?

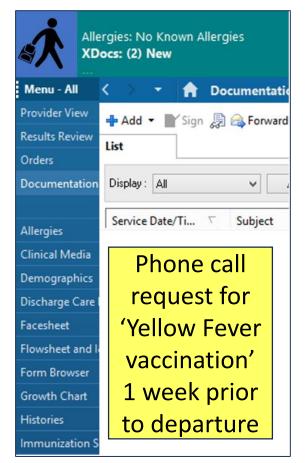










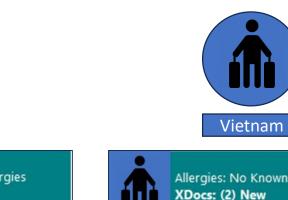






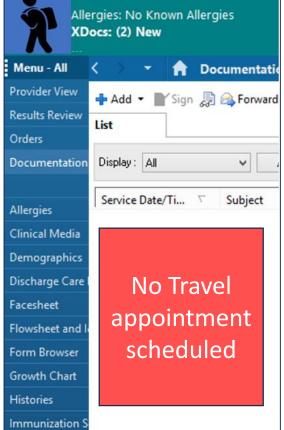
How often do travelers receive pre-travel consultation?

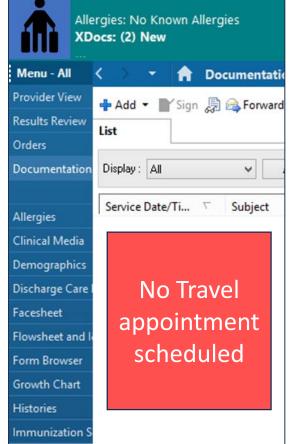


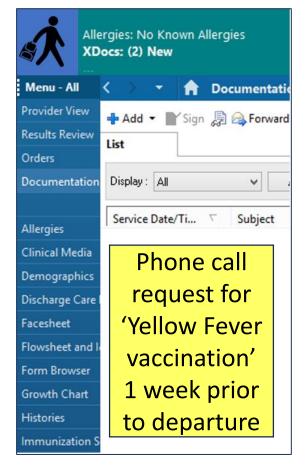








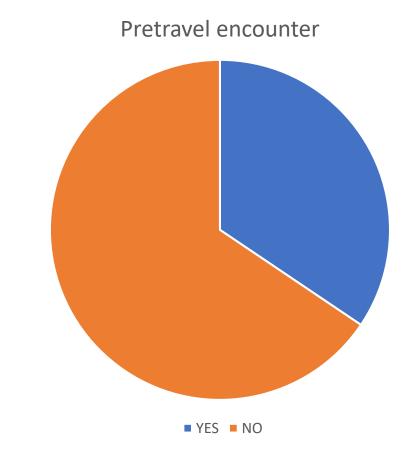






How often do travelers receive pre-travel consultation?

Pretravel encounter	Nonmigrant travelers in US N=8,967 (%)
YES	3,089 (34.4%)
NO	5,878 (65.5%)



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Surveillance Summar

Travel-Related Diagnoses Among U.S. Nonmigrant Travelers or Migrants Presenting to U.S. GeoSentinel Sites — GeoSentinel Network, 2012–2021

Ashley B. Brown, MPH¹; Clazles Miller, MSOR¹; Davidson H. Hamer, MD^{2,5}; Phyllis Kozarsky, MD⁴; Michael Libman, MD⁵; Ralph Huits, MD, PhD⁶; Ashla Rizwan, MPH⁷; Hannah Emerulu, MPH⁷; Jesus Waggoner, MD⁵; H. H. Chen, MD^{5,10}; Daniel T. Leung, MD¹¹; Daniel Bourque, MD⁵ Bardley A. Connor, MD¹²; Carmelo Licitra, MD¹⁵; Kritinia M. Angdo, Olivania M. An

Distins of Global Migration and Quarantine, National Center for Emerging and Zoomite Infection Disease, CDC, ²Department of Global Health, Basson University School of Phalike Health, Basson, Manadourus, "Section of Infections Disease, Department of Medicine, Basson University Colonians of Anderica Medicine, Basson, Manadourus, "Distins of Infection Disease (Emerica), Department of Medicine, Basson, Manadourus, "Distinsion of Infections Disease (Emerica), Department of Medicine, Emery University Colonians, Medicine, International Society of Fixed Medicine, Alphaetta, Georgia: (RCCS Sacrotton), International Society of Fixed Medicine, Alphaetta, Georgia: (Papartment of Medicine, Manadourus, University School of Medicine, Adamsed, Georgia: (Papartment of Medicine, Manadourus, 19 Distinsion of Infections Disease, University of University School of Medicine, Adamsed, University of Colonia Control of Sacrotton, University of University School of Labor City, University Colonia (Papartment of Physiology, Colonial State City, Univ.)

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Abstra

Problem/Condition: During 2012–2021, the volume of international travel reached record highs and lows. This period also was marked by the emergence or large outbreaks of multiple infectious diseases (e.g., Zika virus, yellow fever, and COVID-19). Over time, the growing case and increased frequency of travel has resulted in the unprecedented global spread of infectious diseases. Detecting infectious diseases and other diagnoses among travelers can serve as sentinel surveillance for new or emerging pathogens and provide information to improve case identification, clinical management, and public health prevention and response.

Reporting Period: 2012-2021.

Description of System: Established in 1995, the GeoSentinel Network (GeoSentinel), a collaboration between CDC and the International Society of Travel Medicine, is a global, clinical-care-based surveillance and research network of travel and tropical medicine sites that monitors infectious diseases and other adverse health events that affect international travelers. GeoSentinel comprises 71 sites in 29 countries where clinicians diagnose illnesses and collect demographic, clinical, and travel-related information about diseases and illnesses acquired during travel using a standardized report form. Data are collected electronically via a secure CDC database, and daily reports are generated for assistance in detecting sentinel events (i.e., unusual patterns or clusters of disease). GeoSentinel sites collaborate to report disease or population-specific findings through retrospective database analyses and the collection of supplemental data to fill specific knowledge gaps. GeoSentinel also serves as a communicabne analyses and the collection of supplemental data to fill specific knowledge gaps. GeoSentinel also serves as a communications network by using internal notifications, ProMed alerts, and peer-reviewed publications to alert clinicians and public health professionals about global outbreaks and events that a might affect travelers. This report summarizes data from 20 U.S. GeoSentinel sites and reports on the detection of three worldwide events that demonstrate GeoSentinel's notification capability.

Results: During 2012-2021, data were collected by all GeoSentinel sites on approximately 200,000 patients who had approximately 244,000 confirmed or probable travel-related diagnoses. Twenty GeoSentinel sites from the United States contributed records during the 10-year surveillance period, submitting data on 18,336 patients, of which 17,389 lived in the United States can were evaluated by a clinician at a U.S. site after travel. Of those patients, 7,530 (43.3%) were recent migrants to the United States, and 9,859 (56.7%) were returning nonmigrant travelers.

Among the recent migrants to the United States, the median age was 28.5 years (range = e19 years to 93 years); 47.3% were female, and 6.0% were U.S. citizens. A majority (89.8%) were seen as outpatients, and among 4,672 migrants with information available, 4,148 (88.8%) did not receive pretravel health information. Of 13,986 diagnoses among migrants, the most frequent

Corresponding author: Ashley B. Brown, Division of Global Migration and Quarantine, National Center for Emerging and Zoonotic Infectious Disease, CDC. Telephone: 678-315-3279; Email:

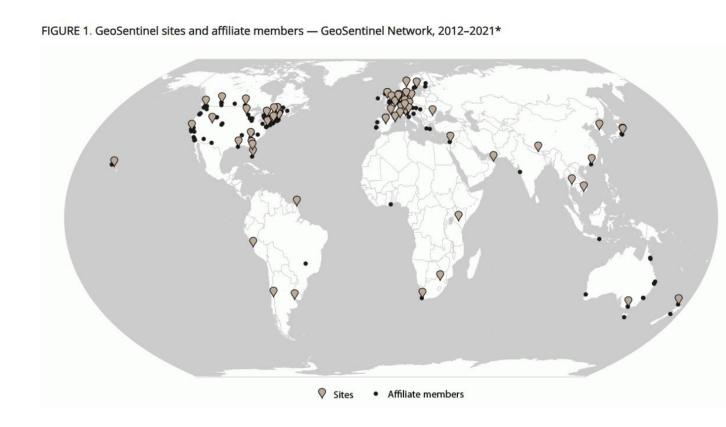
were vitamin D deficiency (20.296), Blastocystis (10.396), and latent tuberculosis (10.396). Malaria was diagnosed in 54 (c.196) migrants. Of the 26 migrants diagnosed with malaria for whom pretravel information was known, 88.596 did not receive pretravel health information. Before November 16, 2018, patients' reasons for travel, exposure country, and

JS Department of Health and Human Services/Centers for Disease Control and Prevention

MMWR / June 30, 2023 / Vol. 72 / No. 7

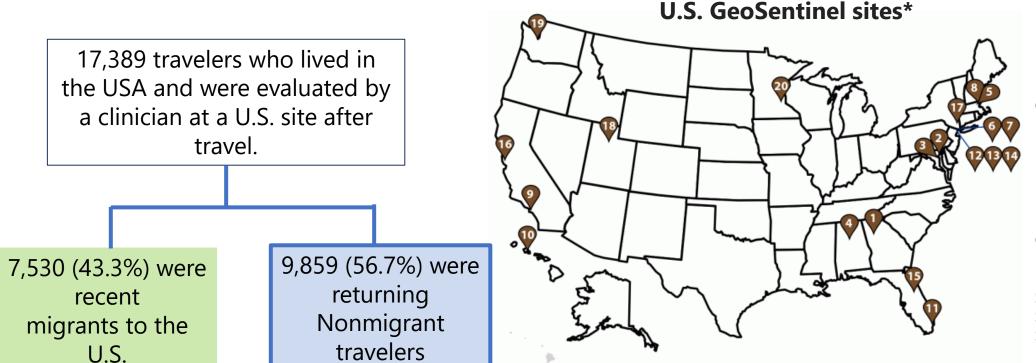


- CDC and the International Society of Travel Medicine collaborated to form the GeoSentinel Network in 1995
- 71 sites in 29 countries where clinicians diagnose and collect demographic, clinical data about illnesses acquired during travel
- Secure electronic data are collected daily
- During 2012–2021 approximately 200,000 patients who had approximately 244,000 confirmed or probable travel-related diagnoses





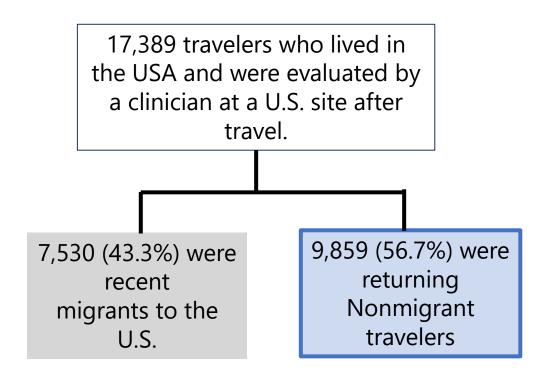
Twenty USA GeoSentinel sites submitted data:



Atlanta, GA (1) Baltimore, MD (2) Bethesda, MD (3) Birmingham, AL (4) Boston, MA (5) Bronx, NY (6) Bronx Lebanon, NY (7) Cambridge, MA (8) Hollywood, CA (9) Honolulu, HI (10) Miami, FL (11) New York City, NY (12) NY Northwest, NY (13) NY West, NY (14) Orlando, FL (15) Palo Alto, CA (16) Peekskill, NY (17) Salt Lake City, UT (18) Seattle, WA (19) St. Paul, MN (20).



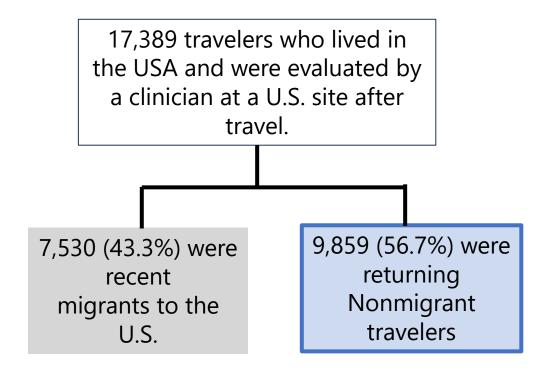
Twenty USA GeoSentinel sites submitted data:



- What were the intended purposes for travel?
- What "regions" and which "countries" were most associated with a reported travel illness?
- What illness categories and specific diagnosis were most commonly identified?



Twenty USA GeoSentinel sites submitted data:



- What were the intended purposes for travel?
- Tourism (vacation)
- **•Business: Conference, Corporate, research, other**
- Seasonal/temporary work (migrant worker)
- •Student
- Migration
- Providing medical care
- •VFR: <u>V</u>isit <u>F</u>riends and <u>R</u>elatives
- Military
- Missionary, humanitarian aid, volunteer
- Retirement
- Planned medical care
- Not ascertainable



9,859 (56.7%) were

retgring Nonmigrant travelers What were the intended purposes for

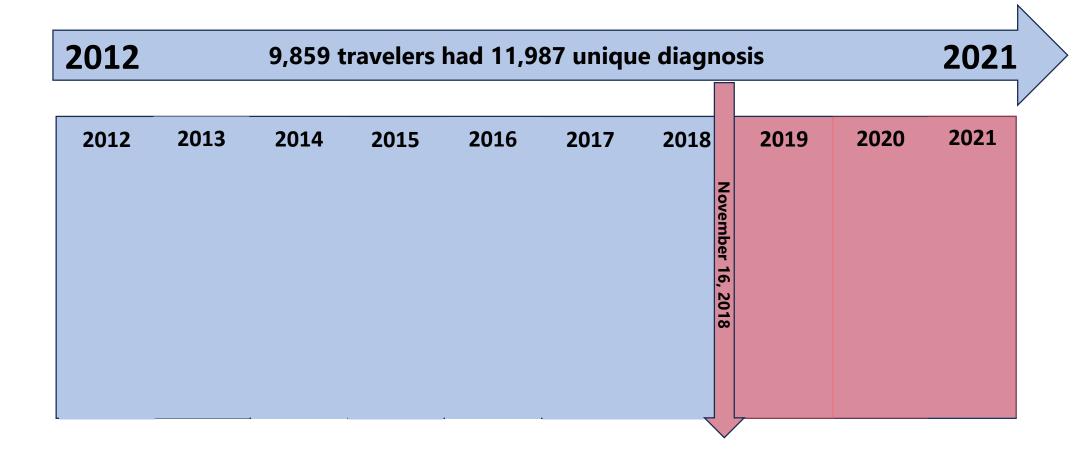
9,859 travelers had 11,987 unique diagnosis

2021

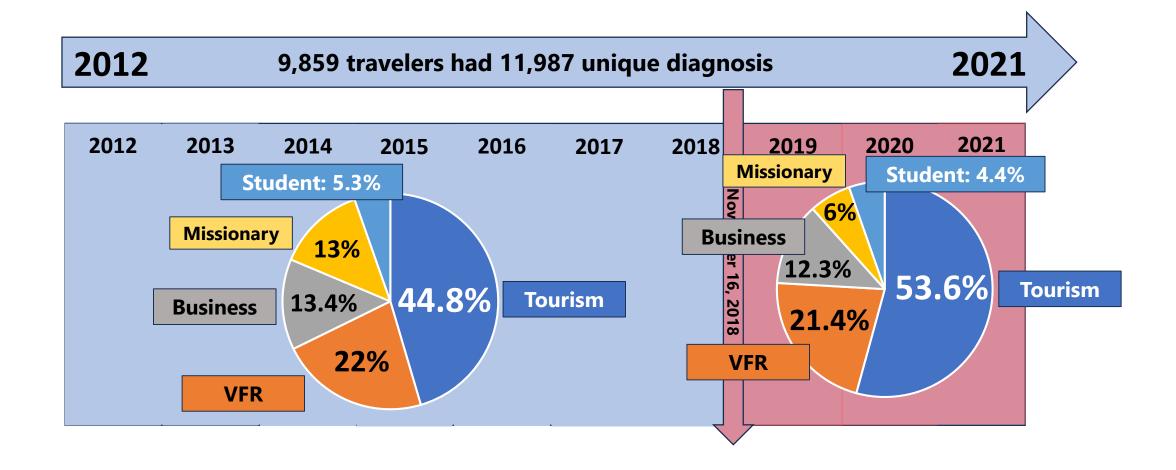
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9,859 (56.7%) were returning Nonmigrant travelers











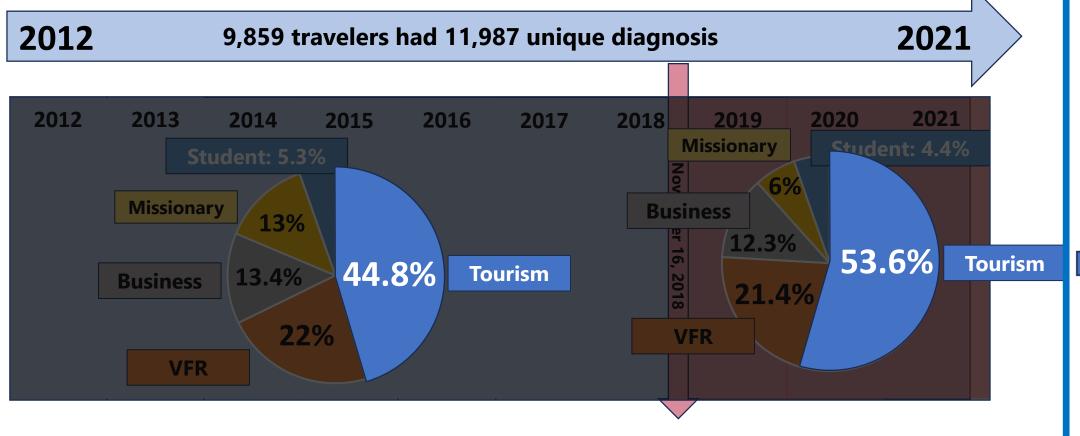




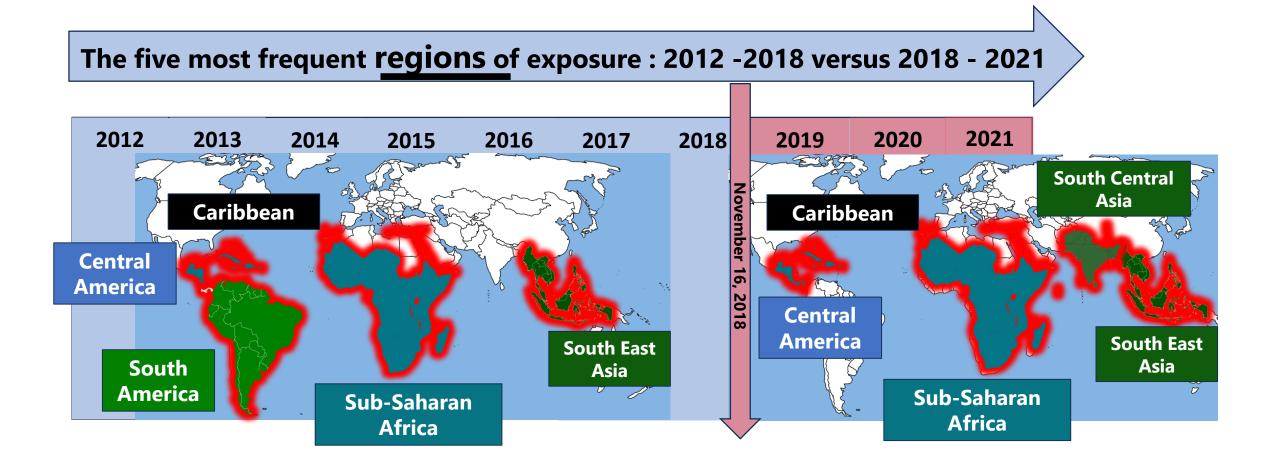


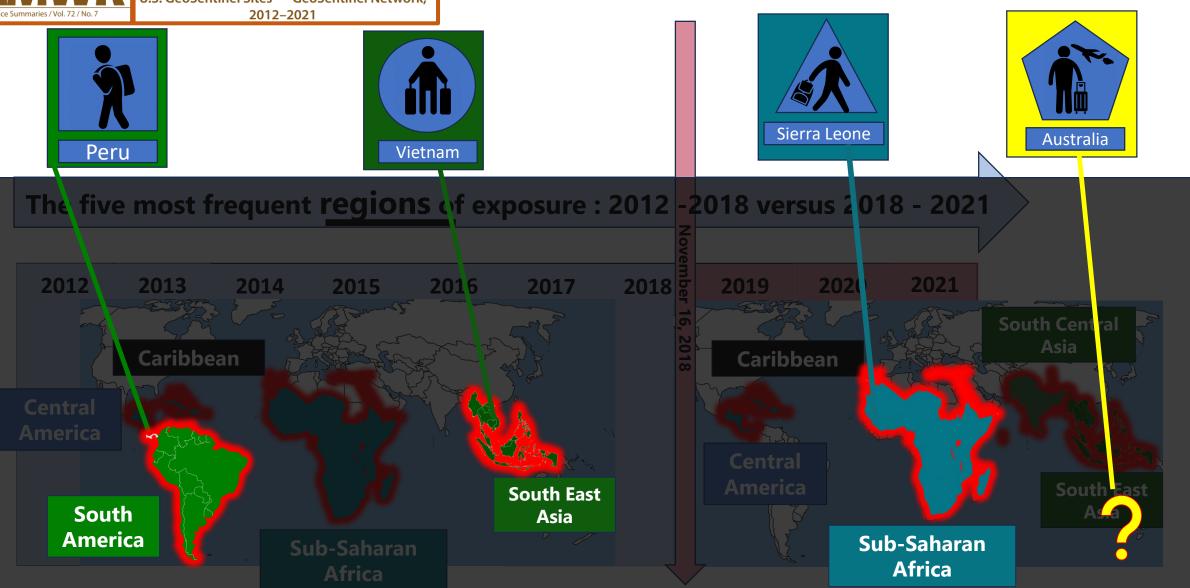


Australia



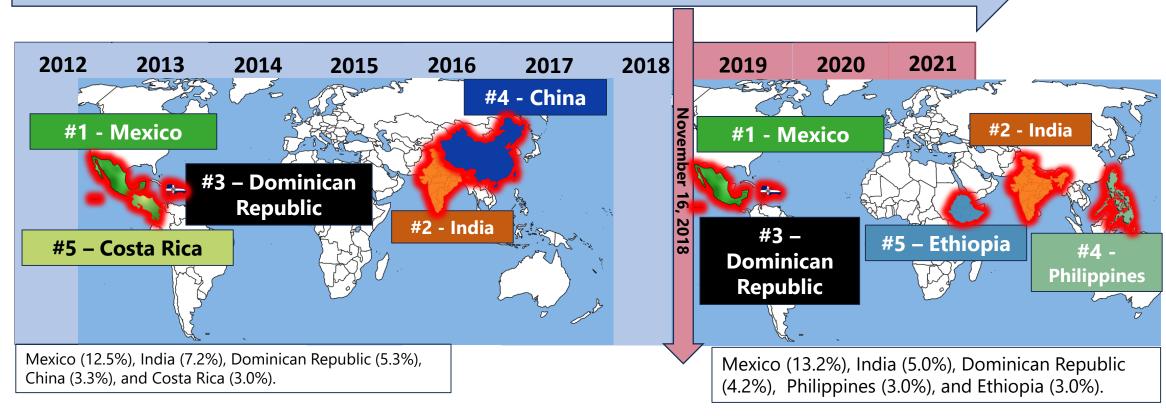








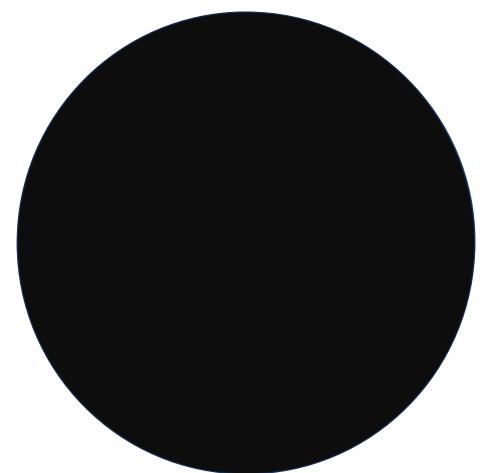




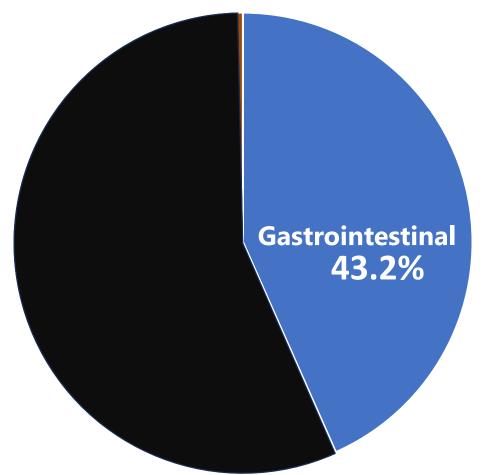


 What illness categories and specific diagnosis were most commonly identified?

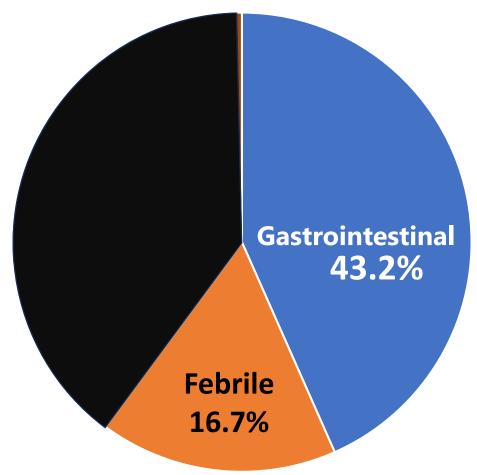




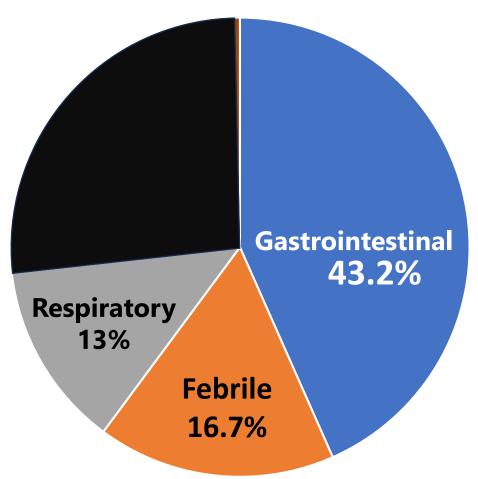




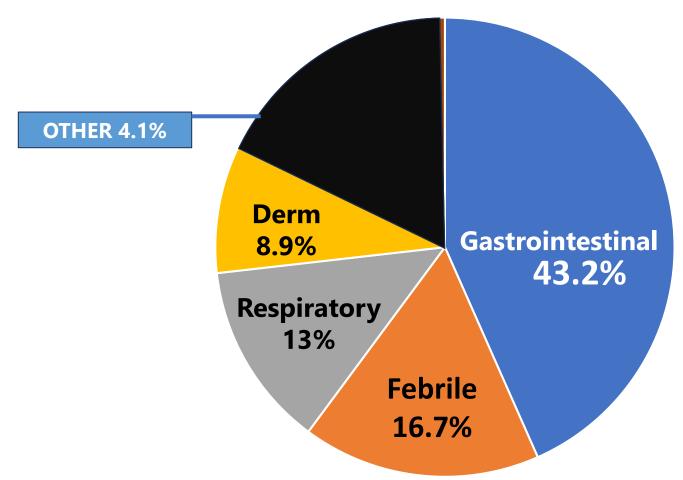




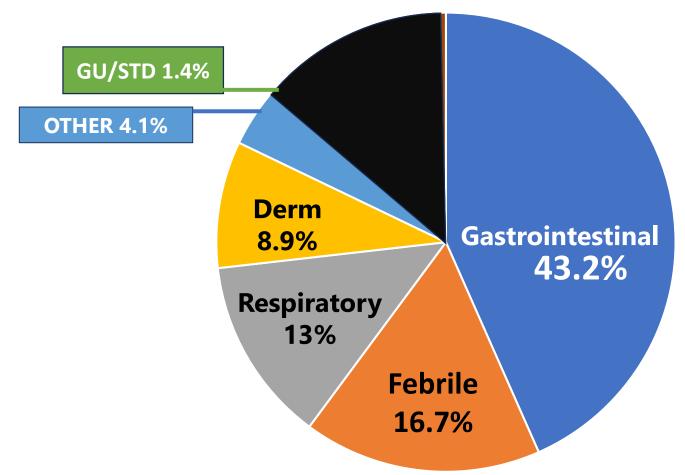




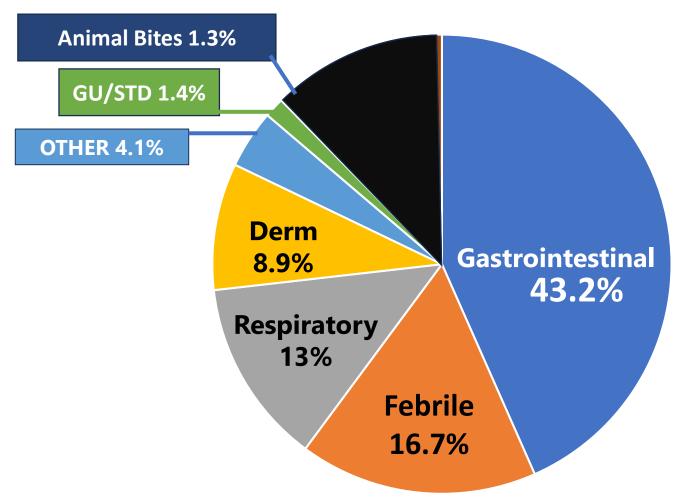




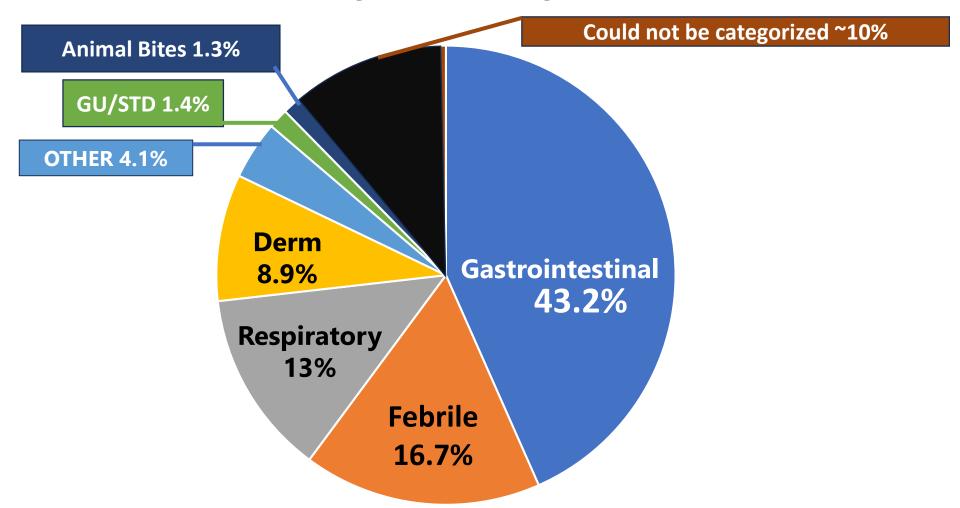




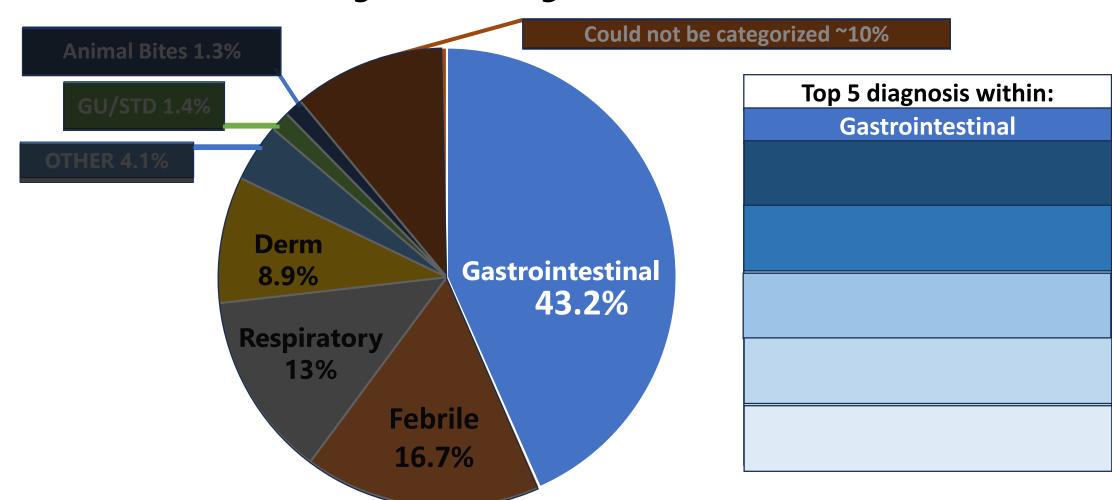




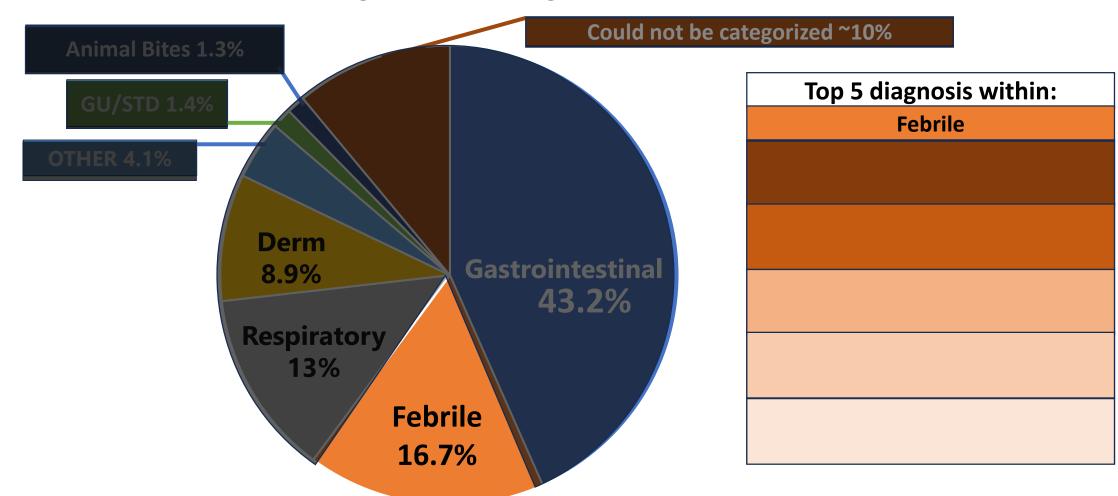




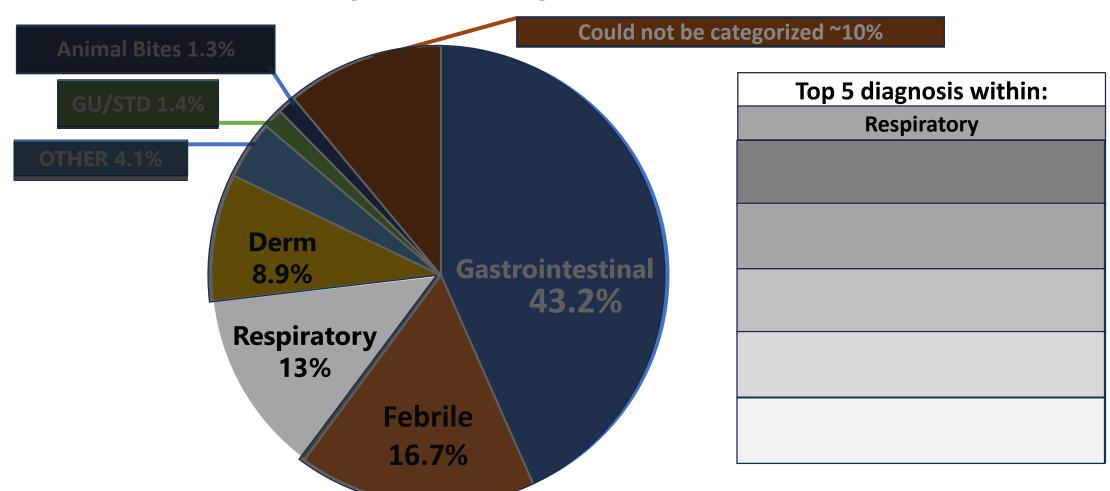




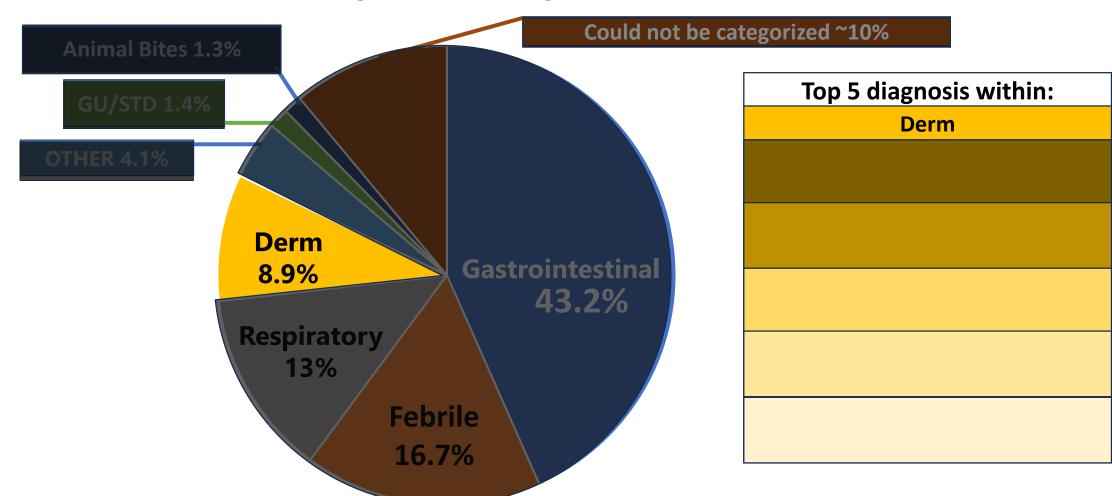




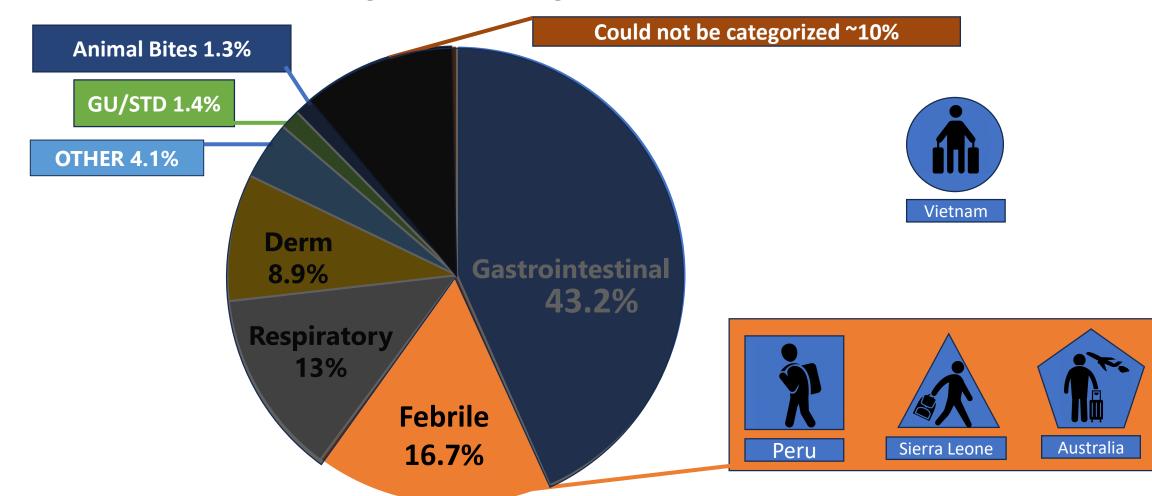




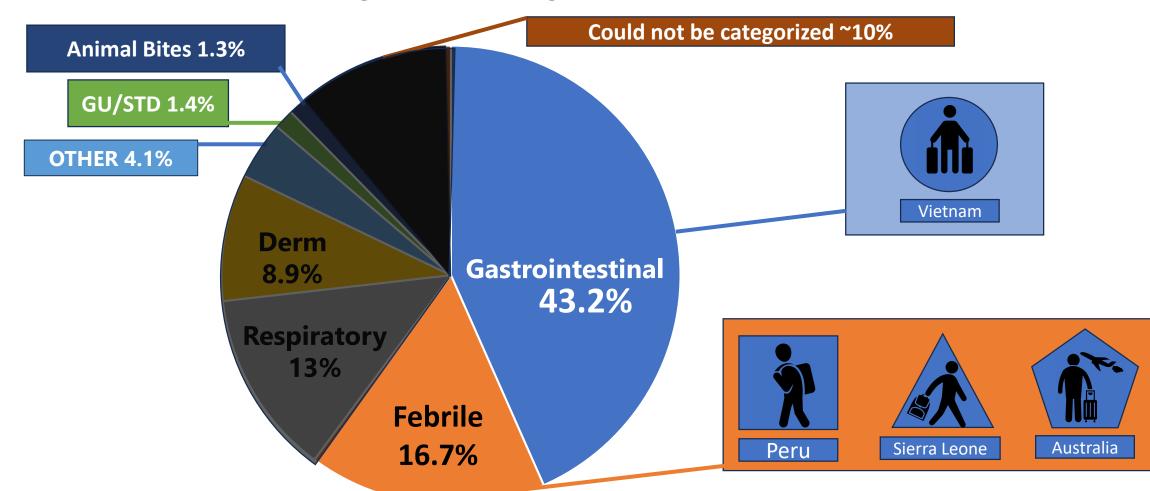




















Pre-Travel Counseling









- 1. Patient/Traveler Pre-visit Checklist
- 2. Provider Pre-visit Checklist
- 3. The TM Consultation visit
- 4. Pre-departure follow-up

Patient/Traveler Pre-visit Checklist:

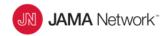
Patient/Traveler Pre-visit Checklist

Consider safe preparation for travel in the same way a patient may prepare for an elective surgery.



"Do I really need a travel consultation?"

What is the average morbidity rate in elective surgery in the USA?



From: Risk Associated With Complications and Mortality After Urgent Surgery vs Elective and Emergency Surgery: Implications for Defining "Quality" and Reporting Outcomes for Urgent Surgery

JAMA Surg. 2017;152(8):768-774. doi:10.1001/jamasurg.2017.0918

Unadjusted Incidence of 30-Day Postoperative Outcomes

30-d Outcome	Elective (n = 130 235)
Mortality	516 (0.4)
Morbidity	8718 (6.7)

What is the rate of illness reported in travelers from the USA?

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Journal of Travel Medicine, 2017, 1–8 doi: 10.1093/jtm/tax046

Review

What proportion of international travellers acquire a travel-related illness? A review of the literature

Kristina M. Angelo, DO, MPH&TM^{1,*}, Phyllis E. Kozarsky, MD^{1,2}, Edward T. Ryan, MD^{3,4}, Lin H. Chen, MD^{4,5}, and Mark J. Sotir, PhD¹

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What proportion of international travellers acquire a travel-related illness? A review of the literature

Study (participants)	No. (%) of travelers that sought medical care
Chen et al. N=400	73 (18%)
Vilkman et al. N=363	NA
Stoney et al. N=48	NA
Balaban et al. N=33	6 (19%)
Dia et al. N=400	33 (11%)
Rack et al. N=282	44 (16%)
Hill et al. N=501	59 (8%)
Steffen et al. N=1209	659 (55%)
Steffen N=7906	NA C

What is the average morbidity rate in elective surgery in the USA?



JAMA Surg. 2017;152(8):768-774. doi:10.1001/jamasurg.2017.0918

JAMA Network

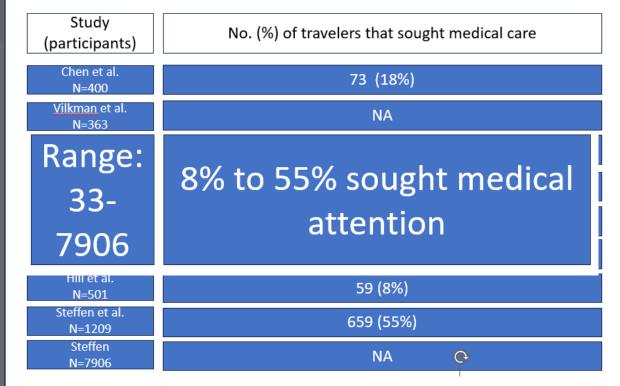
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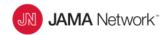
No. (%) of travelers that sought medical care

Range: 33-7906

8% to 55% sought medical 8% sought medical attention

Patient/Traveler Pre-visit Checklist: A,B,C,D,E

What is the average morbidity rate in elective surgery in the USA?



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What proportion of international travellers acquire a travel-related illness? A review of the literature

Study (participants)

No. (%) of travelers that sought medical care

8% sought medical attention

Patient/Traveler Pre-visit Checklist: A,B,C,D,E

Consider safe preparation for travel in the same way a patient may prepare for an elective surgery.

Upon TM consultation scheduling, travelers should prepare for their visit:

Activities/Accommodations

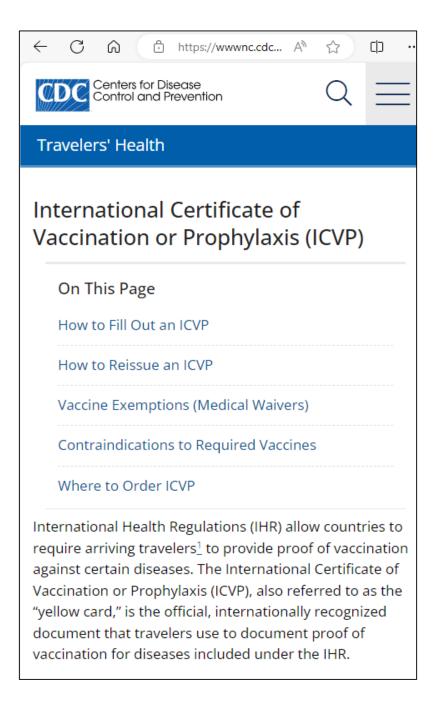
lacksquare Pring a record of prior travel vaccinations/chemoprophylaxis use

Contact insurance about coverage for TM consultation, vaccines, etc.

Dates: Bring exact travel itineraries with dates including 'side trip'

Elevation: travelers should know what elevations they will encounter

$oldsymbol{\Box} oldsymbol{B}$ ring a record	of prior	travel	vaccinations
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Travelers' Health

International Certificate of Vaccination or Prophylaxis (ICVP)

INTERNATIONAL CERTIFICATE OF VACCINATION OR PROPHYLAXIS AS APPROVED BY THE WORLD HEALTH ORGANIZATION CERTIFICAT INTERNATIONAL DE VACCINATION OU DE PROPHYLAXIE APPROUVÉ PAR	Certificat intern This is to certify that Nous certifions que [po] Inational identification do	Jo Jo ame - nom) USSPORT - cumant, if appli been vaccinated	CATE OF VACCINATION OU DE LA MARY DOE NUMBER cable - document d'identification d'or received prophylaxis agains e à la date indiquée	orophylaxie 2 on nationse, le cas échéant) it	22 March 1960 date of Eirth - nélel iel whose signature follow dont la signature suit Yellow Fever on - nom de la maladie ou de l'affecti	Instituted States [nationality - st de nationalits] Inne Marry Doc in accordance with the International Health Regulations, conformément ou Règlement sanitaire international.
L'ORGANISATION MONDIALE DE LA SANTE TRAVELER'S NAME-NOM DU VOYAGEUR	Vaccine or prophylaxis Vaccin ou agent prophylactique	Date	Signature and professional status of supervising clinician Signature et titre du professionel de santé responsable	Manufacturer and batch no. of vaccine or prophylaxis Fabricant du vaccin ou de l'agent prophylactique et numéro du lot	Certificate valid from: until: Certificat valable à partir du : jusqu'au :	stamp of the administering center chet officiel du centre habilité
ADDRESS-ADRESSE (Number-Numéro) (Street-Rue) (City-Ville)	Yellow Fever	5) 15 June 2018	6 John M. Smith, MD	Batch (or lot)	25 June 2018; life of person vaccinated	
(County-Département) (State-Pays) CDC DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR DISEASE CONTROL AND PREVENTION						
CDC 731 (formerly PHS-731)	S					

How to Fill Out an ICVP			
How to Reissue an ICVP			
Vaccine Exemptions (Medical Waivers)			
Contraindications to Required Vaccines			
Where to Order ICVP			





Travelers' Health

International Certificate of Vaccination or Prophylaxis (ICVP)

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CERTIFICAT INTERNATIONAL DE **VACCINATION OU DE PROPHYLAXIE** APPROUVÉ PAR

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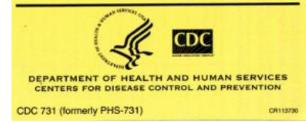
TRAVELER'S NAME-NOM DU VOYAGEUR

ADDRESS-ADRESSE (Number-Numéro) (Street-Rue)

(City-Ville)

(County-Département)

(State-Pays)



Yellow Fever Vaccine:

Inactivated Polio Vaccine (IPV):

Meningococcal Conjugate Vaccine (MenACWY)

How to Fill Out an ICVP

How to Reissue an ICVP

Vaccine Exemptions (Medical Waivers)

Contraindications to **Required Vaccines**

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How to Fill Out an ICVP

How to Reissue an ICVP

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Travelers' Health

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(County-Département)

(State-Pays)



CENTERS FOR DISEASE CONTROL AND PREVENTION

DEPARTMENT OF HEALTH AND HUMAN SERVICES

CDC 731 (formerly PHS-731)

CR113730

MEDICAL CONTRAINDICATION TO VACCINATION

Contre-indication médicale à la vaccination

This is to certify that immunization against Je sous néle) certifie que la vaccination contre

Reasons other than medical contraindications are not acceptable for exemption from vaccination.

Validate using the Uniform Stamp of the YFV center.

Clinicians should also provide the traveler with a signed and dated exemption letter on letterhead stationery, clearly stating the contraindications to vaccination with an imprint of the Uniform Stamp

> (Signature and address of physician) (Signature et adresse du médecin)

Pre-Travel Counseling









- . Patient/Traveler Pre-visit Checklist
- 2. Provider Pre-visit Checklist
- 3. The TM Consultation visit
- 4. Pre-departure follow-up

Confirm the traveler has adequate time prior to departure

JO

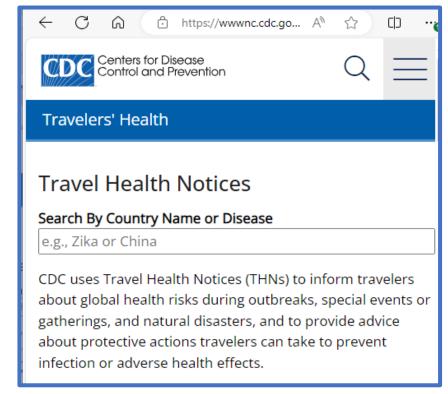
∐R

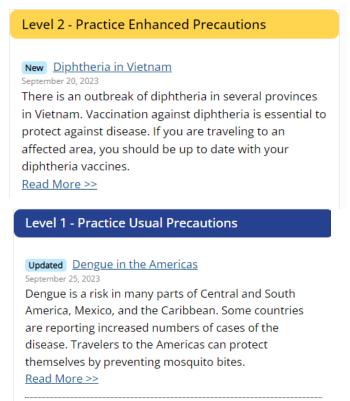
Ideally 4-6 weeks is recommended for adequate pre-travel medical preparation

Confirm the traveler has adequate time prior to departure

Outbreak News: investigate active disease outbreaks at destination

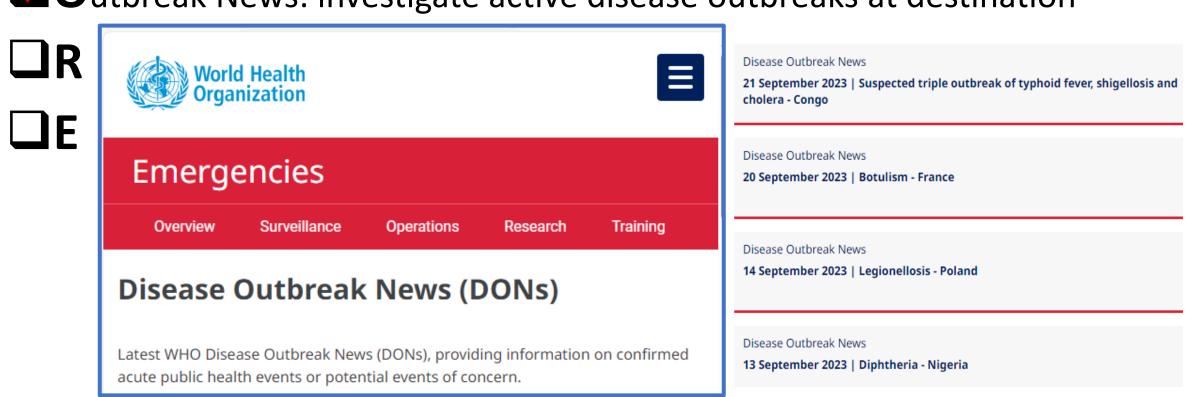






Confirm the traveler has adequate time prior to departure

Outbreak News: investigate active disease outbreaks at destination



Confirm the traveler has adequate time prior to departure

Outbreak News: investigate active disease outbreaks at destination



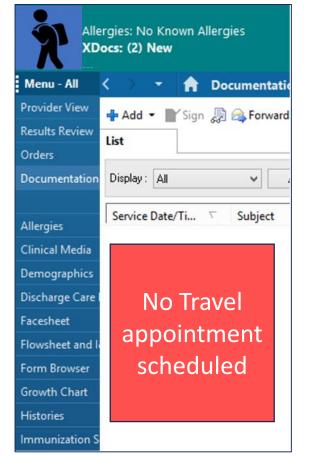
emergency.

Confirm the traveler has adequate time prior to departure

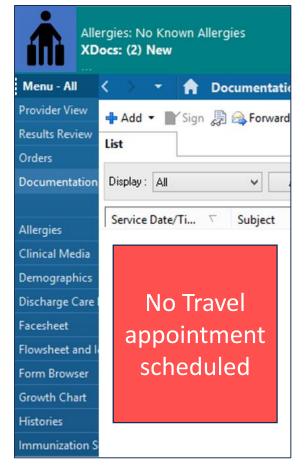
Outbreak News: investigate active disease outbreaks at destination

- igspace Review specific vaccine and prophylaxis for the destination

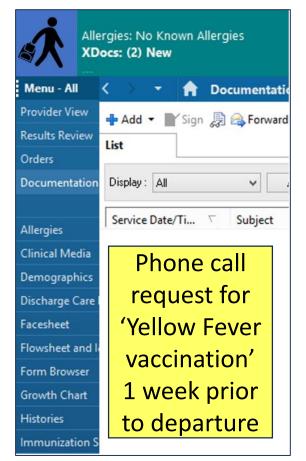






















3 of the highest yield interventions during a travel medication consultation:

- 1) Providing appropriate vaccines for vaccine preventable illness including routine vaccination update
- 2) Providing chemoprophylaxis to prevent malaria
- 3) Prescribing oral antibiotics for the potential treatment of traveler's diarrhea while abroad







CDC Yellow Book 2024 | Travelers' Health | CDC

https://wwwnc.cdc.gov/travel/page/yellowbook-home -

Web CDC Yellow Book It compiles the US government's most current travel health guidelines, including pretravel vaccine recommendations, destination-specific health advice, and easy ...

Zika Travel Information

1 These countries have a potential risk of Zika, but we do not ...

Travel Vaccines

Yellow fever; More Information. CDC Yellow Book: Travel Vacc...

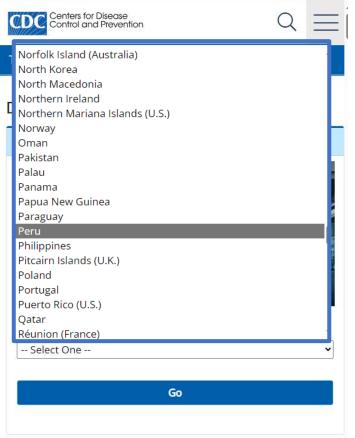




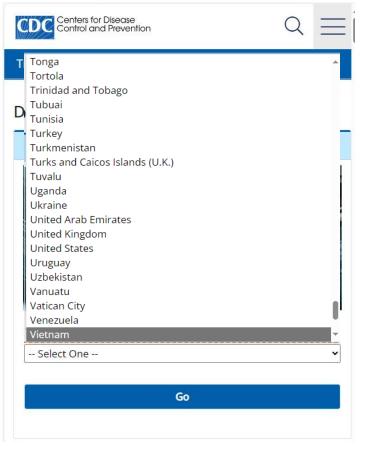




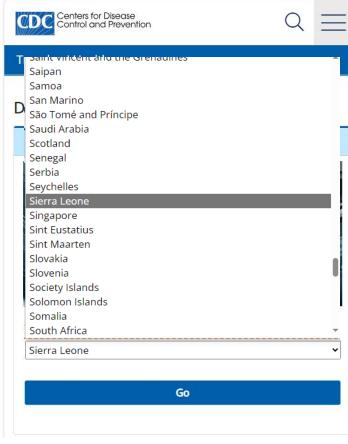














Routine vaccines

COVID-19

Hepatitis A

Hepatitis B

Malaria

Measles

Rabies

Typhoid

Yellow Fever



Routine vaccines

COVID-19

Hepatitis A

Hepatitis B

Malaria

Measles

Rabies

Typhoid

Japanese Encephalitis



Routine vaccines

COVID-19

Hepatitis A

Hepatitis B

Malaria

Measles

Rabies

Typhoid

Yellow Fever







Routine vaccines

- Chickenpox (Varicella)
- Diphtheria-Tetanus-Pertussis
- •COVID-19
- Flu (influenza)
- •Measles-Mumps-Rubella (MMR)
- Polio
- •Shingles

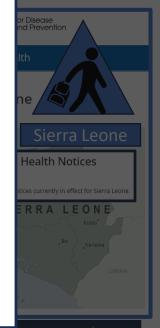






Transmission: Fecal-oral route

- contact with "dirty hands"
- infected food preparer
- Waterborne outbreaks
- close physical contact (such as oral-anal sex)
 but not casual contact
- Traveler's Diarrhea Recommendations



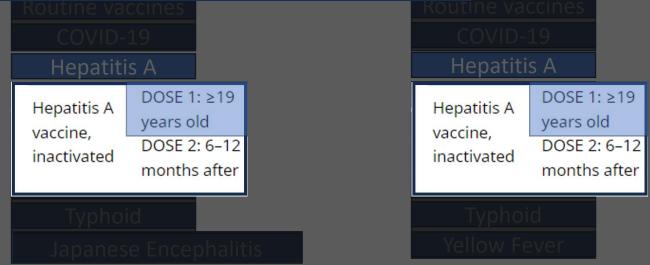
Routine vaccines
COVID-19

Hepatitis A

Hepatitis A vaccine, inactivated

DOSE 1: ≥19 years old DOSE 2: 6-12 months after

Typhoid Yellow Fever



Traveler's Diarrhea

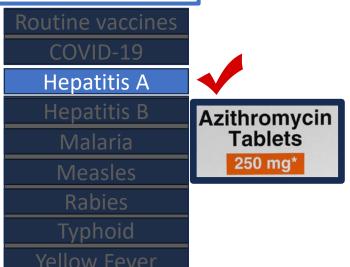
- 30%–70% of travelers impacted during a 2-week period
- Infections occur despite exceptional personal hygiene
- ≥80%–90%: Escherichia coli> C.jejuni > Shigella > Salmonella
- 5%–15%: astrovirus, norovirus, and rotavirus
- 10%: Giardia > Entamoeba histolytica > Cryptosporidium
- Prophylactic antibiotics are not recommended
- Anticipatory antibiotics are recommended

Traveler's Diarrhea: treatment

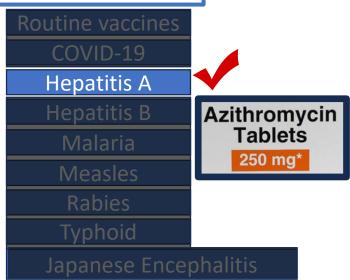
Azithromycin	1,000mg PO X1 OR 500mg QD x 3 days	Preferred for severe diarrhea

Monotherapy with Antimotility: not recommended for bloody diarrhea or diarrhea with fever

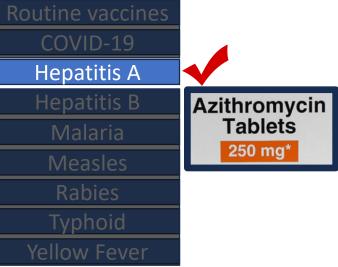


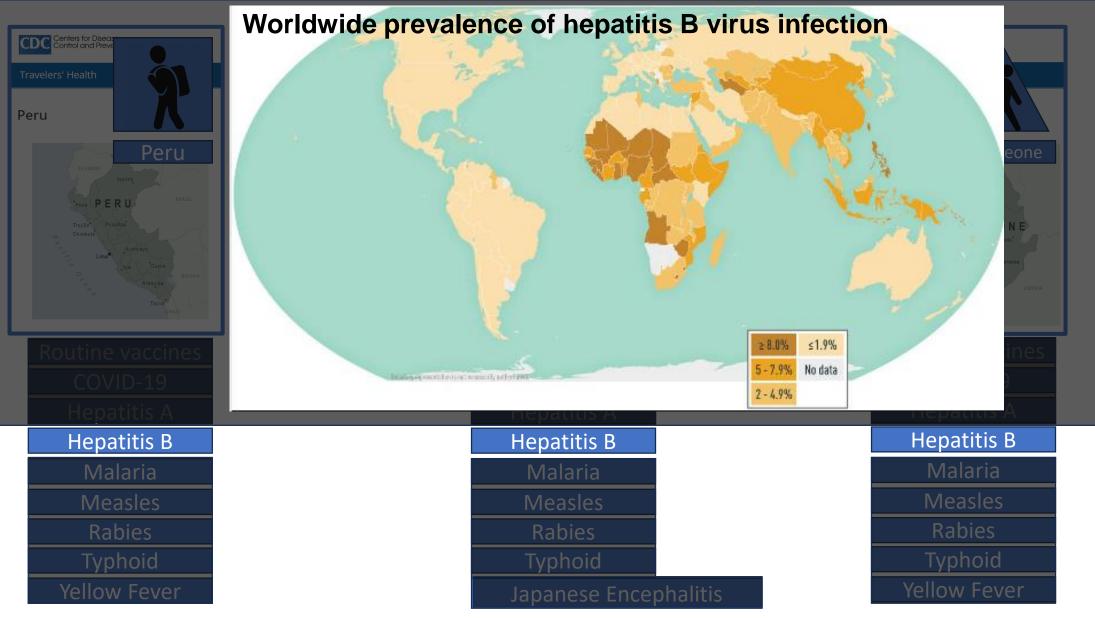














Routine vaccines

Hepatitis A

Hepatitis B

Malaria

Measles

Rabies

Typhoid

Yellow Fever



Routine vaccines
COVID-19
Hepatitis A

Hepatitis B

ALL travelers

Mascles

Dahias

Typhoid

Japanese Encephalitis



Routine vaccines

COVID-19

Hepatitis A

Hepatitis B

ALL travelers

Malaria

Measles

Rabies

Typhoid

Yellow Fever

ALL travelers < 60



Malaria: Vietnam

Transmission areas

Drug resistance

chemoprophylaxisProvinces specific

Malaria: Sierra Leone

Transmission areas

Drug resistance

Recommended chemoprophylaxis

Choosing a Malaria Prophylaxis

All prophylaxis regimens are taken before, during, and after travel!

Choice of drug should reflect: Mosquito avoidance: ☐ the presence of antimalarial □insect repellent drug resistance □long sleeves □length of travel □long pants □co-morbid conditions □sleeping in a mosquito-free □allergy history setting □other medications prescribed ☐ using an insecticide-treated mosquito net □potential side effects □cost of the antimalarial

Choosing a Malaria Prophylaxis

Antimalarial	Advantages	Disadvantages
ATOVAQUONE- PROGUANIL	BEFORE: Started 1–2 days before travel	<u>Contraindicated:</u> • Pregnancy
	DURING: once daily	 Breastfeeding: child that weighs <5 kg severe renal impairment
	AFTER: 7 days after leaving malaria- endemic area, rather than for 4 weeks	Cost: \$\$\$
	Side Effects: Well tolerated	
DOXYCYCLINE	BEFORE: 1–2 days before travel	<u>Contraindicated:</u> • Pregnancy
	DURING: once daily	Breastfeedingchild <8
	Cost: \$	AFTER: 28 days after leaving malaria-
	Co-treatment/prevention for rickettsia, leptospirosis, etc	endemic area
alaria CDC Yellow Book 2024		Side Effects: GI distress, photosensitivity, yeast infections

Choosing a Malaria Prophylaxis

Antimalarial	Advantages	Disadvantages
MEFLOQUINE	DURING: once WEEKLY	Contraindicated:Mefloquine resistant areas
	Safe in pregnancy and breastfeeding	 Psychiatric conditions Seizure disorder Some cardiac conditions BEFORE: > 2 weeks AFTER: 28 days
TAFENOQUINE	BEFORE: Started 3 days before travel DURING: once WEEKLY AFTER: 1 week	 Contraindicated: G6PD deficiency Pregnancy breastfeeding Side Effects: rare psychiatric events; dizziness, GI disturbances, headache, and clinically insignificant decreases in
alaria CDC Yellow Book 2024		hemoglobin



Drug resistance

Chloroquine

Recommended chemoprophylaxis

 Atovaguone-proguanil, doxycycline loquine, tafenoguine



Drug resistance

•Chloroquine and mefloquine

Recommended chemoprophylaxis

Provinces specific

Atovaquone-proguanil



Drug resistance

Chloroquine

Recommended chemoprophylaxis

Atovaquone-proguanil tafenoquine







Infants 6 to 11 months old traveling internationally should get 1 dose of measles-mumps-rubella (MMR) vaccine before travel. This dose does not count as part of the routine childhood vaccination series.

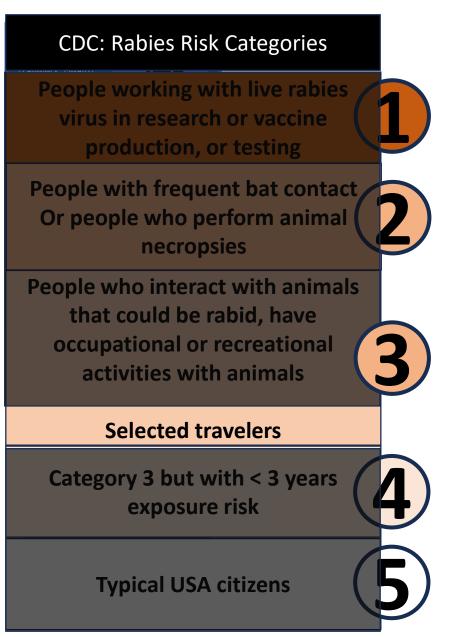
Malaria

Measles

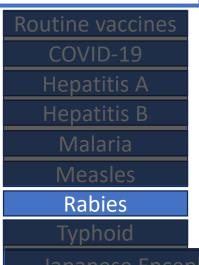
Rabies

Typhoid

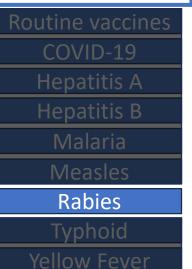
Vellow Fever











CDC: Rabies Risk Categories

Selected travelers

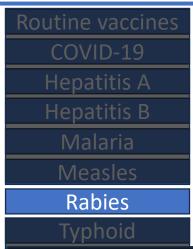


<u>"Selected Travelers"</u>:

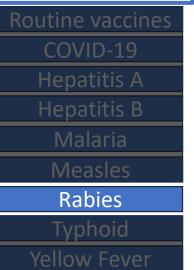
<u>Higher risk activities include:</u>

animal handlers









CDC: Rabies Risk Categories

Selected travelers



Rabies PreP Schedule:

2 doses, days 0 and 7, plus:

Either a one-time titer check after 1 year and up to 3 years following the first 2-dose vaccination

OR

1-dose booster between 3 weeks and 3 years following the first vaccine in the 2-dose vaccination



Routine vaccines

COVID-19

Hepatitis A

Hepatitis B

Malaria

Measles

Rabies

. Typnoid

Travelers' Health

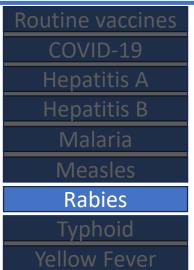
Sierra Leone

Sierra Leone

Sierra Leone

Sierra Leone

LIBERIA



Yellow Fever

Review specific vaccine and prophylaxis for the destination



People working with live rabies virus in research or vaccine production, or testing



People with frequent bat contact, Or people who perform animal necropsies

People who interact with animals that could be rabid, have occupational or recreational activities with animals



Selected travelers

Category 3 but with < 3 years exposure risk









Routine vaccines COVID-19 Rabies

Typical USA citizens



Rabies

Typical USA citizens

\square **R**eview specific vaccine and prophylaxis for the destination









Recommended for most travelers, especially those staying with friends or relatives or visiting smaller cities or rural

areas

Measles
Rabies
Typhoid
lapanese Encen

Routine vaccines

COVID-19

Hepatitis A

Hepatitis B

Malaria

Measles

Rabies

Typhoid

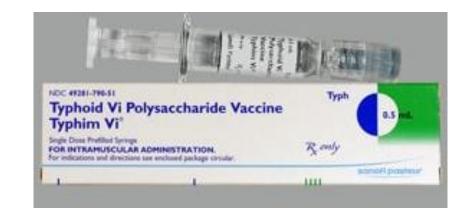
Typhoid Vaccine Schedules

VACCINE AGES FOR DOSE & # DOSES DOSING REPEAT USE ROUTE INTERVAL DOSE

VI Capsular Polysaccharide Vaccine (ViCPS)—Typhim Vi

VACCINE AGES FOR DOSE & # DOSES DOSING REPEAT USE ROUTE INTERVAL DOSE

Live Attenuated Ty21a Vaccine—Vivotif¹

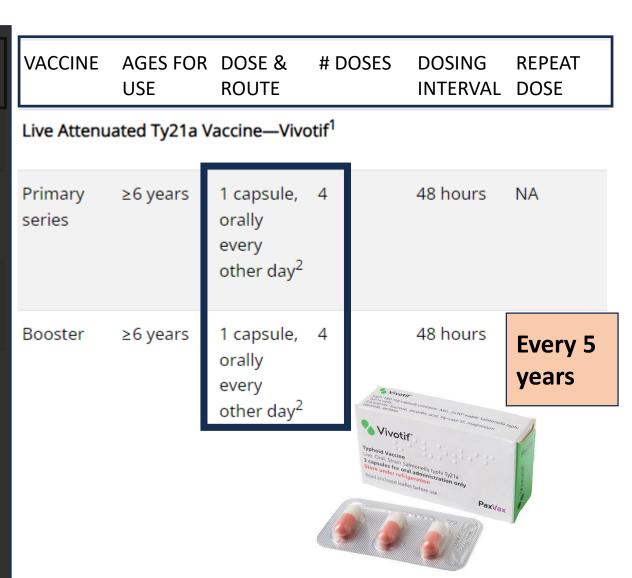




Typhoid Vaccine Schedules

☐ kept refrigerated (not frozen) INTERVAL DOSE ☐ capsule swallowed whole not chewed Capsular Polysaccharide Vaccine (ViCPS)—Typhim Vi □ taken with cool liquid no warmer than 98.6°F (37°C), approximately 1 hour before a meal and ≥2 hours after a previous meal ☐ avoiding alcohol consumption 1 hour before and 2 hours after administration, because alcohol can disintegrate the enteric coating ☐ Travelers should complete the Ty21a vaccine regimen ≥1 week before potential exposure ☐ delayed for >72 hours after the administration of any

antimicrobial agent



Typhoid Vaccine Schedules

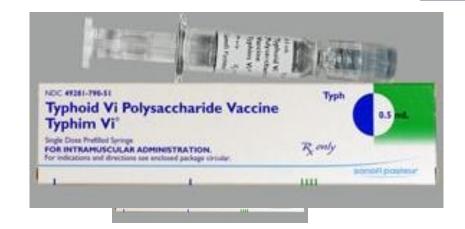
VACCINE AGES FOR DOSE & # DOSES DOSING REPEAT
USE ROUTE INTERVAL DOSE

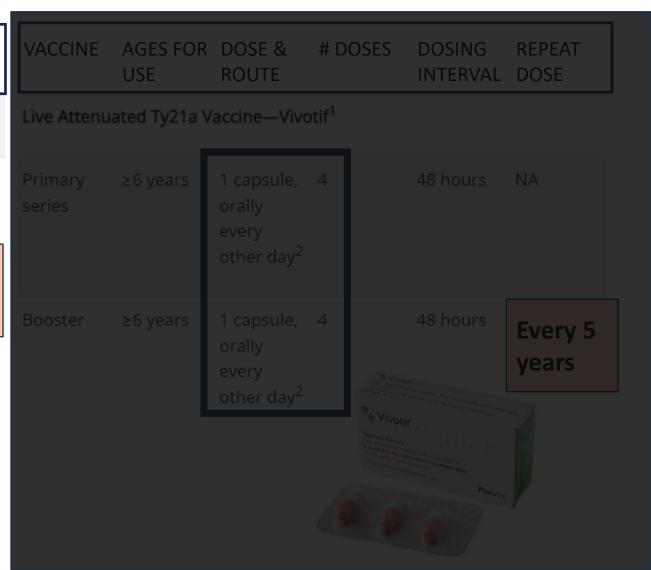
VI Capsular Polysaccharide Vaccine (ViCPS)—Typhim Vi

Primary ≥2 years 0.5 mL, IM 1 NA NA series injection

Booster ≥2 years 0.5 mL, IM 1 NA injection

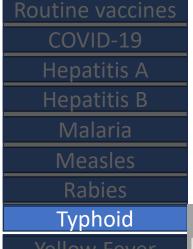
Every 2 years



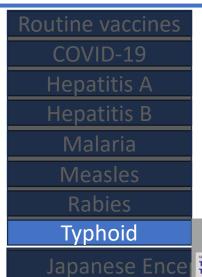


Review specific vaccine and prophylaxis for the destination



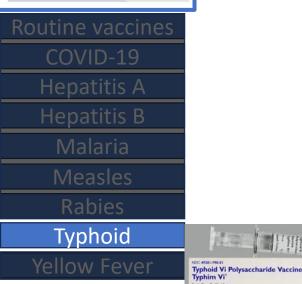






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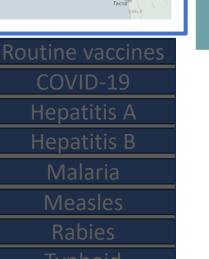
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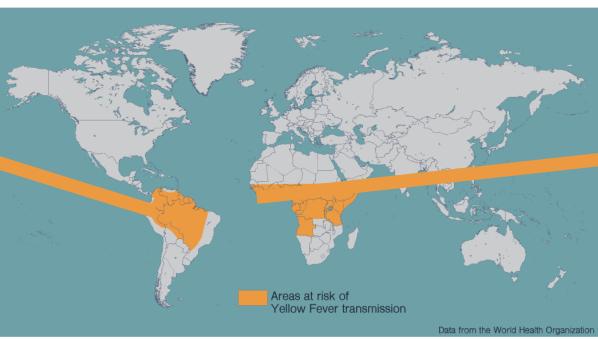
Review specific vaccine and prophylaxis for the destination



COVID-19

Yellow Fever

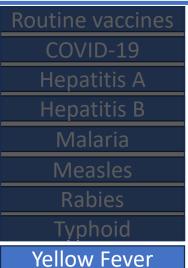




- The best way to prevent Yellow Fever is to avoid mosquito bites and receive the Vaccine.
- There is only one YF vaccine in the USA: the 17D live attenuated viral vaccine: YF-VAX, Sanofi Pasteur
- Many countries in Africa require proof of prior YF vaccination in order to gain entry







\square **R**eview specific vaccine and prophylaxis for the destination



Yellow Fever Vaccine

Entry requirements: None

CDC recommendations:

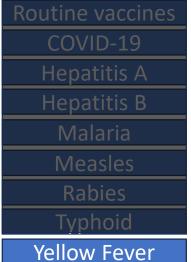
Recommended for travelers ≥9 months old going to areas <2,300 m (≈7,550 ft) elevation in the regions of Amazonas, Cusco, Huánuco, Junín, Loreto, Madre de Dios, Pasco, Puno, San Martín, and Ucayali, and designated areas of Ancash (far northeast), Apurímac (far north), Ayacucho (north and northeast), Cajamarca (north and east), Huancavelica (far north), La Libertad (east), and Piura (east).

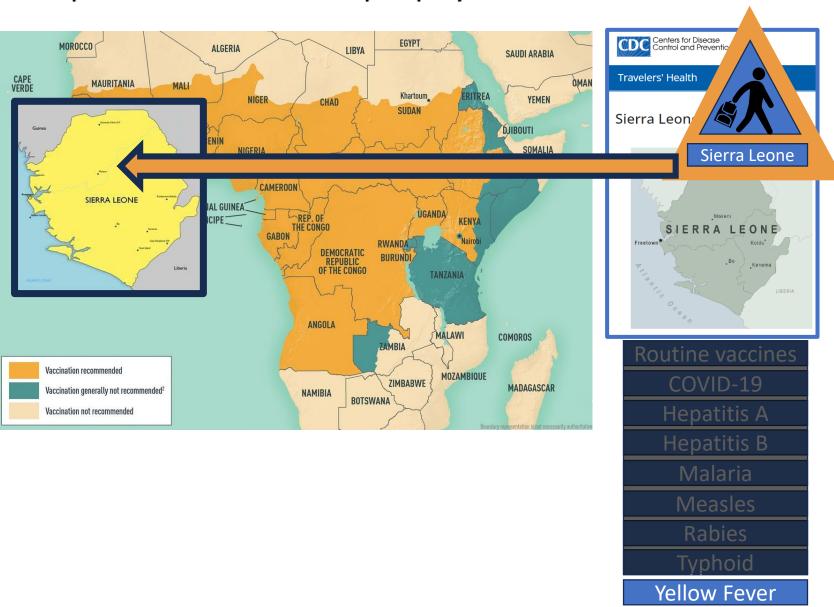
Generally not recommended for travel limited to the specified * areas west of the Andes

Not recommended for travel limited to areas >2,300 m (≈7,550 ft) elevation including the highland tourist areas of Machu Picchu).

\square **R**eview specific vaccine and prophylaxis for the destination







Receiving the Yellow Fever Vaccine

- □ Confirmation of risk of YF at destination
- ☐ Locate a clinic certified to administer YFV
- □ Determine if documentation of YFV is required for entry into the country
- ☐ Review the contraindications and precautions with YFV
- □ Complete documentation of YFV or documentation of a certified waiver of YF due to medical contraindication.

Receiving the Yellow Fever Vaccine

CONTRAINDICATIONS

- •Age <6 months
- Allergy to vaccine component
- •HIV infection (symptomatic) or CD4 T lymphocyte counts <200/mL (or <15% of total lymphocytes in children aged <6 years)
- Primary immunodeficiencies
- •Immunosuppressive and immunomodulatory therapies
- •Malignant neoplasms
- •Thymus disorder associated with abnormal immune cell function
- Transplantation

PRECAUTIONS

- •Age 6–8 months
- •Age ≥60 years
- Breastfeeding
- •HIV infection (asymptomatic) and CD4 T lymphocyte counts 200–499/mL (or 15%–24% of total lymphocytes in children aged <6 years)
- Pregnancy

Receiving the YFV: Vaccine Information Sheet



Yellow Fever Vaccine What You Need to Know

1 Why get vaccinated?

Yellow fever vaccine can prevent yellow fever.
Yellow fever is a serious disease caused by the yellow fever virus. There is no medicine to treat or cure yellow fever.

Yellow fever virus is spread by the bite of an infected mosquito. It is found in parts of Africa and South America.

The majority of people with yellow fever virus infections will either not have symptoms, or have mild disease and completely recover. But some people will develop severe disease.

Symptoms and signs of yellow fever include:

- Sudden onset of fever and chills
- · Headache, back pain, or general body aches
- Nausea or vomiting

More severe symptoms of vellow fever can include:

- · Jaundice (vellow skin or eves)
- · Bleeding from multiple body sites
- Shock (life-threatening condition in which the body is not getting enough blood flow)
- · Liver, kidney, or other organ failure

Severe yellow fever can cause death in 30% to 60% of affected people.

In addition to getting vaccinated, you can also protect yourself from yellow fever by avoiding mosquito bites:

- Use insect repellent
- · Wear long-sleeved shirts and long pants
- · Stay in well-screened or air-conditioned areas

Vaccine Information Statements (VISs)

Vaccine Information Statements (VISs) Home

Yellow Fever VIS

Current Edition Date: 4/1/2020

Centers for Disease Control and Prevention



(For use in electronic systems)

- VIS in other languages [2]
- More information about yellow fever vaccination





- Life-threatening severe illness with organ dysfunction or failure.

People 60 years and older and people with weakened immune systems might be more likely to experience serious reactions to yellow fever vaccine.

People sometimes faint after medical procedures, including vaccination. Tell your provider if you feel dizzy or have vision changes or ringing in the ears.

As with any medicine, there is a remote chance of a vaccine causing a severe allergic reaction, other serious injury, or death.

5 What if there is a serious problem?

An allergic reaction could occur after the vaccinated person leaves the clinic. If you see signs of a severe allergic reaction (hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, or weakness), call 9-1-1 and get the person to the nearest hospital.

For other signs that concern you, call your health care provider.

Adverse reactions should be reported to the Vaccine Adverse Event Reporting System (VAERS), Your health care provider will usually file this report, or you can do it yourself. Visit the VAERS website at www.vaers.hhs.gov or call 1-800-822-7967. VAERS is only for reporting reactions, and VAERS staff do not give medical advice.

6 How can I learn more?

- · Ask your health care provider.
- Call your local or state health department.
- Contact the Centers for Disease Control and Prevention (CDC):
- Call 1-800-232-4636 (1-800-CDC-INFO), or
- Visit CDC's Yellow Fever website at www.cdc.gov/yellowfever/vaccine/index.html

Vaccine Information Statement
Yellow Fever Vaccine



04/01/2020

Receiving the YFV: Adverse Events

Common Adverse Reactions

10%–30%: mild systemic symptoms, including headache, low-grade fever, and myalgia, that begin within days after vaccination and last 5–10 days.

Serious Adverse Reactions

- 1) HYPERSENSITIVITY REACTIONS
- 2) YELLOW FEVER VACCINE-ASSOCIATED NEUROLOGIC DISEASE [YEL-AND]:
- varies: acute disseminated encephalomyelitis, GBS, meningoencephalitis, and CN palsies.
- Incidence in U.S.: 0.8 per 100,000 age <60; 2.2 per 100,000 ≥60 years.
- 3) YELLOW FEVER VACCINE—ASSOCIATED VISCEROTROPIC DISEASE [YEL-AVD]:
- -severe illness similar to wild-type YF disease. Case fatality rate ~48%
- -Incidence worldwide: since 2001, >100 confirmed and suspected cases
- [0.3 cases per 100,000] **age <60**
- [1.2 cases per 100,000] age >60; higher >70

Receiving the Yellow Fever Vaccine: Dose

VACCII	TRADE NAME (MANU- FACTURER)	AGE	DOSE	ROUTE	SCHEDULE	BOOSTER
17D	YF-VAX (Sanofi Pasteur)	≥9 months ¹	0.5 mL ²	Sub- cutaneous	1 dose	Not recommended for most people ³

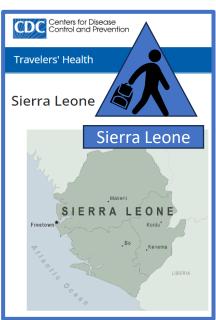


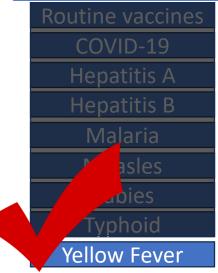
$\square \mathbf{R}$ eview specific vaccine and prophylaxis for the destination



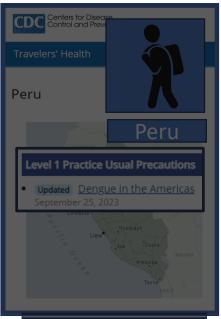


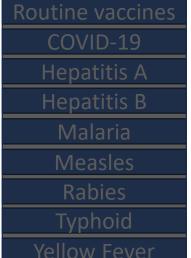




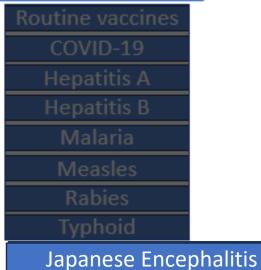


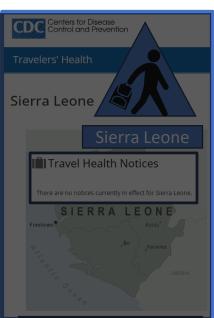
\square **R**eview specific vaccine and prophylaxis for the destination

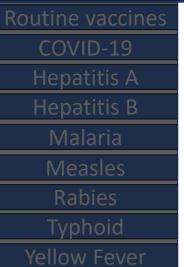






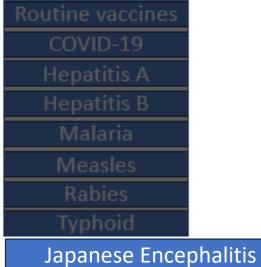






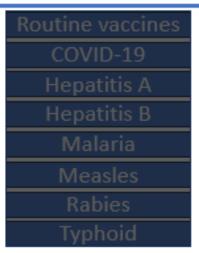
 \square **R**eview specific vaccine and prophylaxis for the destination





Receiving the JE Vaccine: Recommendations





- •Not recommended:
- <1 month in urban areas or in areas with no clear JE season

Recommended:

- Travelers moving to an area with JE to live
- > 1month or more, in areas with JE
- Frequently travel to areas with JE

Consider vaccination for travelers

- < 1month includes
 - visiting rural areas, hiking or camping
 - •staying in places without air conditioning, screens, or bed nets
 - uncertain of their activities or how long they will be there

Receiving the JE Vaccine: Adverse Events



Routine vaccines

COVID-19

Hepatitis A

Hepatitis B

Malaria

Measles

Rabies

Typhoid

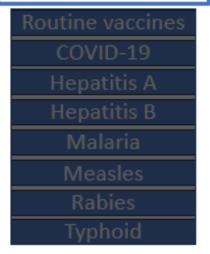
•NO major safety concerns after >1 million doses of IXIARO given in the U.S.

~10% mild side effects:

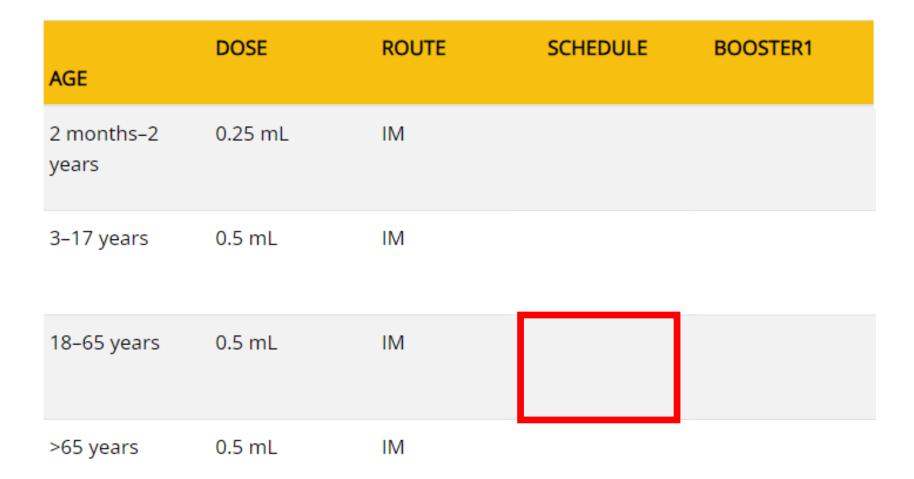
- Fatigue
- Headache
- · myalgia

Receiving the JE Vaccine: Dose





Inactivated Vero cell culture-derived vaccine: IXIARO



Provider Pre-visit Checklist: C.O.R.E.

Confirm the traveler has adequate time prior to departure

Uputbreak News: investigate active disease outbreaks at destination

Review specific vaccine and prophylaxis for the destination

Early referral to TM specialist for high risk patients



Notes from the Field

Fever in a Traveler Returning From Peru — New York, 2016

Alexandra P. Newman, DVM¹; Rebecca Becraft²; Amy B. Dean PhD³; Rene Hull³; Bryon Backenson, MS¹; Gillian Hale, MD⁴; Janeen Laven⁵; Julu Bhatnagar, PhD⁴; J. Erin Staples, MD, PhD⁵

In October 2016, a male New York resident aged 74 years developed fever, myalgia, nausea, and vomiting while traveling in Peru, 3 days after visiting the northern Amazon area. During the next 2 days, he experienced fever, abdominal pain, and watery diarrhea and was admitted to a hospital in Peru, where Entamoeba histolytica was detected in his stool. He was treated with intravenous fluids and antibiotics and released I day after admission. His condition worsened, however, and he returned to New York and immediately sought care at a hospital emergency department, where he was found to be afebrile, slightly confused, and jaundiced. Laboratory tests revealed leukopenia, thrombocytopenia, acute renal failure, liver dysfunction, and a metabolic acidosis (Table). He was transferred from the emergency department to a tertiary care center, where he was admitted and received intravenous flu-

Notes from the Field

Morbidity and Mortality Weekly Report

Fatal Yellow Fever in a Traveler Returning From Peru — New York, 2016

Alexandra P. Newman, DVM¹; Rebecca Becraft²; Amy B. Dean PhD³; Rene Hull³; Bryon Backenson, MS¹; Gillian Hale, MD⁴; Janeen Laven⁵;

MMWR / September 1, 2017 / Vol. 66 / No. 34

- Leukopenia
- Thrombocytopenia
- acute renal failure
- liver dysfunction
- IVF, antibiotics, and HD
- Melena and DIC→ Vfib → death 3 days after admission

Laboratory test	Result	
Leptospiral DNA (urine) Dengue viral RNA (serum)	Not detected Not detected Positive [†]	
Salmonella H type A/B antibodies (serum) Q fever antibodies (serum) Hepatitis A virus antibodies (serum) Hepatitis B virus antibodies (serum)	Negative Nonreactive Nonreactive	
Hopatitis C virus antibodies (serum)	Nonreactive	
Yellow fever virus	Positive [†]	
immunoglobulin M antibodies Yellow fever virus neutralizing antibodies	640 [†]	

eru

Sierra Leone

Australia

- # cases: 11
- Outbreak years: 2016-2018
- Travelers infected: 11
- Traveler origins: 1 USA;
 - 5: Europe; 5: South America
- Ages known: 6 travelers
- Ages: 33, 34, 42, 44, 46, 74
- Condition:
 - 5 death
 - 6 recovered
- Pre-travel Vaccination:

NO vaccinations received

Notes from the Field

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Fatal Yellow Fever in Travelers to Brazil, 2018

Weekly / March 23, 2018 / 67(11);340-341

On March 16, 2018, this report was posted online as an MMWR Early Release.

Davidson H. Hamer, MD^{1,2}; Kristina Angelo, DO³; Eric Caumes, MD⁴; Perry J.J. van Genderen, MD, PhD⁵; S

Peru



Notes from the Field

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Notes from the Field

Peru — New York, 2016

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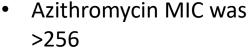
doi: 10.1093/jtm/tay029

Brief communication

A case of multi-drug resistant ESBL-producing Shigella sonnei acute acalculous cholecystitis and gastroenteritis in a returned traveller

Eloise Williams^{1,2*}, Thomas E. Lew¹, Andrew Fuller^{1,2}, Denis W. Spelman^{1,2},

Rx: azithromycin



Eventually recovered after cipro susceptibility was confirmed



Peru



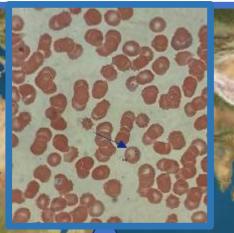
Sierra Leone

PMID: 37179741

Severe Malaria with a Rare Tetrad of Blackwater Fever, Acute Renal Failure, Disseminated Intravascular Coagulopathy, and Acute Acalculous Cholecystitis

Published online 2023 May 2. doi: 10.1155/2023/5796881

Hira Hanif,^{™1} Biraj Shrestha, ¹ Salina Munankami, ² Manish Shrestha, ¹ Bidhya Poudel





CORRESPONDENCE

Japanese Encephalitis in Australia — A Sentinel Case

August 18, 2022

N Engl J Med 2022; 387:661-662 DOI: 10.1056/NEJMc2207004 Metrics



Australia

Preparing the Safe Traveler

- Outbreak awareness is of critical importance for travel safety
- Motivating patients to seek travel recommendations for all international departures is a high value endeavor
- Incorporation of routine pre-travel care into primary care fills a practice gap
- Respecting the changing distributing of global infection and novel pathogens requires life-long learning

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