



University of
Pittsburgh

Department of Medicine
School of Medicine



UIM 2020 VIRTUAL

ADVANCES CHANGING PRACTICE

October 22-23, 2020

7:00am—5:00pm

Course Directors

Barbara Barnes, MD, MS

Kathryn Berlacher, MD, MS

Bernard Bernacki, DO

Mehret Birru-Talabi, MD, PhD

Michael Donahoe, MD

Daniel Glunk, MD, FACP

Lara Groetzinger, PharmD, BCCCP

Reena A. Karnik, MD

Rebecca Lutheran, DNP, CRNP

Melissa McNeil, MD, MHP

Cassie Myers, CRNP

Anthony J. Pinevich, MD, MBA, FACP

Benjamin Reynolds, PA-C

Fred Rubin, MD

Sandra Sobel, MD

Francis Solano, MD

Terence Starz, MD

Patrick Strollo, MD, FACP, FCCP, FAASM

For more information, follow us at [#UIM2020Virtual](#) and visit our website at <https://dom.pitt.edu/uim/>.

About the Program • • •

Each year, the Department of Medicine hosts this 2-day educational event. This post-graduate course provides continuing education credits on current internal medicine advances for general internists, family practitioners, physicians assistants, nurses/nurse practitioners, pharmacists and other healthcare professionals throughout Pennsylvania and the surrounding states. The course provides a comprehensive update on major advances in internal medicine as well as a review of various medical-and surgical-related topics impacting daily practice from a panel of nationally recognized faculty. Participants also receive updates on disease practice activities. Emphasis is placed on evidence-based approaches to practical and innovative healthcare delivery, including care pathways that emphasize key elements in the diagnosis and management of various diseases. The course fosters the cooperation, coordination, and collaboration of professionals of different medical specialties in delivering cost-effective, patient-centered care.

Objectives • • •

Upon completion of this course, participants should be able to:

- Define care management pathways for common diseases encountered in primary care.
- Synthesize current scientific evidence for managing various diseases and disorders.
- Analyze the impact and outcomes of newer medications, preventative measures, techniques and medical management.

Who Should Attend • • •

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Disclaimer Statement • • •

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

Agenda ● ● ●

Thursday, October 22, 2020

7:00 (55 min)	Technical Support and Virtual Exhibits Open	
7:55 (5 min)	Conference Welcome	Mark Gladwin, MD
8:00 (45 min)	Medical Management of NASH (P)	Jaideep Behari, MD, PhD
8:45 (35 min)	Addiction Medicine Year in Review (OP)	Payel Jhoom Roy, MD, MSc
9:20 (40 min)	COVID-19: Lessons Learned (PR)	Elise M. Martin, MD, MS
10:00 (10 min)	Medicine Made Ridiculously Simple Presentation: (P) CAR T-Cell Therapy Made Ridiculously Simple	Saba Shaikh, MD
10:10 (25 min)	Break	
	Virtual Exhibitors	Virtual Exhibit Hall
	Video Chat: Questions in Pulmonology <i>(limited space)</i>	Michael Donahoe, MD
	Attendee Networking Video Chat <i>(limited space)</i>	Video Chat
	Be Fit Pitt Activity	Pre-Recorded Video
10:35 (40 min)	Breakout Sessions	
	A. Managing APP's to Their Full Job Satisfaction	Ben Reynolds, PA-C
	B. Are Hospital Readmissions Truly Preventable? (PT, PR)	Ben Sprague, MD
	C. Street Medicine	James Withers, MD, FACP
11:15 (45 min)	Lunch	
	Virtual Exhibitors	Virtual Exhibit Hall
12:00 (10 min)	Medicine Made Ridiculously Simple Presentation: Supplemental Oxygen Made Ridiculously Simple	Matt Gorgone, DO
12:10 (55 min)	Sports Medicine Problems in Primary Care	Eric Anish, MD
1:05 (40 min)	Cardiac Amyloidosis	Prem Soman, MD, PhD
1:45 (40 min)	Reversal Agents for Anticoagulation Therapy (P, PT)	Joseph Kiss, MD
2:25 (25 min)	Break	
	Virtual Exhibitors	Virtual Exhibit Hall
	Video Chat: Questions in Geriatrics <i>(limited space)</i>	Fred Rubin, MD
	Attendee Networking Video Chat <i>(limited space)</i>	Video Chat
	Be Fit Pitt Activity	Pre-Recorded Video
2:50 (10 min)	Medicine Made Ridiculously Simple Presentation: Discussing Code Status: Made Ridiculously Simple	Carla Khalf-McStay, MD
3:00 (40 min)	Vaccine Development for SARS-CoV-2 (P)	Sharon Riddler, MD
3:40 (40 min)	Vaping Associated Lung Injury (P)	Michael Lynch, MD
4:20 (40 min)	Top 10 Prescribing Mistakes Providers Always Make (P, PT)	Lara Groetzingler, PharmD
5:00	Adjourn	Terry Starz, MD

P—Pharmacy

PT—Pharmacotherapeutic

PR—Patient Safety/ Risk Management

OP—Opioid/Pain management

Agenda Continued • • •

Friday, October 23, 2020

7:00 (55 min)	Technical Support and Virtual Exhibits Open	
7:55 (5 min)	Conference Welcome	Terry Starz, MD
8:00 (40 min)	Diagnosis and Management of HFpEF (P)	Ravi Ramani, MD
8:40 (40 min)	Diabetes Mellitus: Who Needs to See an Endocrinologist and How? (P)	Esra Karslioglu French, MD
9:20 (40 min)	Management of Mild to Moderate Asthma (P)	Marc C. Gauthier, MD
10:00 (10 min)	Medicine Made Ridiculously Simple Presentation: (P) Starting Suboxone in the Hospital Made Ridiculously Simple	Allie Dakroub, MD and Andrew Klein, MD
10:10 (20 min)	Break	
	Virtual Exhibitors	Virtual Exhibit Hall
	Video Chat: Questions in Endocrinology <i>(limited space)</i>	Sandra Sobel, MD
	Attendee Networking Video Chat <i>(limited space)</i>	Video Chat
	Be Fit Pitt Activity	Pre-Recorded Video
10:30 (40 min)	Breakout Sessions	
A.	Fibromyalgia: Primary vs Specialty Care	Terry Starz, MD
B.	Approach to Medical Cannabis For Chronic Pain (OP, P)	Cheryl Bernstein, MD
C.	Diet for Health and Weight Loss	Milay Luis Lam, MD
D.	Behavioral Health and Smart Technology (P)	Bruce L. Rollman, MD, MPH
11:10 (60 min)	Lunch	
	Virtual Exhibitors	Virtual Exhibit Hall
12:10 (10 min)	Medicine Made Ridiculously Simple Presentation: Cardiac Output: Measuring Cardiac Output-Summer Camp	Natalie Stokes, MD
12:20 (40 min)	ESRD: No Place Like Home	Duncan Johnstone, MD
1:00 (40 min)	Profiling Your Favorite Consultant	Oscar Marroquin, MD, FACC
1:40 (40 min)	Approach to Common Drug Allergies (PR, P)	Andrej A. Petrov, MD
2:20 (30 min)	Break	
	Virtual Exhibitors	Virtual Exhibit Hall
	Attendee Networking Video Chat <i>(limited space)</i>	Video Chat
	Be Fit Pitt Activity	Pre-Recorded Video
2:50 (10 min)	Medicine Made Ridiculously Simple Presentation: (P) Diagnosing Adrenal Insufficiency Made Ridiculously Simple	Margaret Zupa, MD
3:00 (40 min)	PTCA vs CABG: The Debate Continues	Suresh Mulukutla, MD
3:40 (40 min)	Hospital Infections: Need for Treatment and Duration (P)	Mohamed Yassin, MD, PhD
4:20 (40 min)	Telehealth in Your Clinic: Predicting the Future	Terry Lewis & Carla Dehmer
5:00	Conference Thank-You and Close	Terry Starz, MD

P—Pharmacy

PT—Pharmacotherapeutic

PR—Patient Safety/ Risk Management

OP—Opioid/Pain management

Course Presenters • • •

Eric Anish, MD
Jaideep Behari, MD, PhD
Cheryl Bernstein, MD
Allie Dakroub, MD
Carla Dehmer
Michael Donahoe, MD
Esra Karslioglu French, MD
Marc Gauthier, MD
Mark Gladwin, MD
Matt Gorgone, DO
Lara Groetzinger, PharmD, BCCCP
Duncan Johnstone, MD
Joseph Kiss, MD
Andrew Klein, MD
Milay Luis Lam, MD
Terry Lewis
Michael Lynch, MD
Oscar Marroquin, MD, FACC
Elise M. Martin, MD, MS
Carla Khalaf-McStay, MD
Suresh Mulukutla, MD
Andrei Petrov, MD
Ravi Ramani, MD
Ben Reynolds, PA-C
Sharon A. Riddler, MD
Bruce L. Rollman, MD, MPH
Payel Jhoom Roy, MD, MSc
Fred Rubin, MD
Saba Shaikh, MD
Sandra Sobel, MD
Prem Soman, MD, PhD, FRCP, FACC
Ben Sprague, MD
Terry Starz, MD
Natalie Stokes, MD
James Withers, MD, FACP
Mohamed Yassin, MD, PhD
Margaret Zupa, MD

Faculty Disclosures • • •

All individuals in a position to control the content of this education activity including members of the planning committee, speakers, presenters, authors, and/or content reviewers have disclosed all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients. The following relevant financial relationships were disclosed:

Jaideep Behari, MD, PhD receives grant/research support from Endra Life Sciences, Pfizer, Gilead Sciences, Intercept, Galmed, Celgene, Allerga and Genentech.

Joseph Kiss, MD is a consultant for Sanofi Genzyme.

Suresh Mulukutla, MD receives grant/research support from Boston Scientific.

Andrej A. Petrov, MD is a consultant for GSK, CSL-Behring and Pharming.

Sharon A. Riddler, MD receives grant/research support from Merck and Gilead Sciences and is a consultant for Novimab.

Bruce L. Rollman, MD, MPH receives grant/research support from NIH and PCORI.

Prem Soman, MD, PhD, FRCP, FACC receives grant/research support from Astellas and Pfizer and is a consultant for Pfizer, Alnylam and Eidos.

Patrick J Stollo, Jr, MD receives grant/research support from ResMed, Philips Respironics, Itamar Medical and is a consultant for Medscape, Inspire Medical Systems, Jazz Pharmaceuticals, Belluscuro, Biologix, NFL Gen Medical Committee

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.

Continuing Education Credit • • •

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians (CME)

The University of Pittsburgh designates this live activity for a maximum of 14.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity enables the participant to earn MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn ABIM MOC points equivalent to the amount of CME credits claimed for the activity.

This activity is approved for AOA Category 2 credit.

This Live activity, 2020 UPDATE IN INTERNAL MEDICINE (UIM) VIRTUAL: ADVANCES CHANGING PRACTICE, with a beginning date of 10/22/2020, has been reviewed and is acceptable for up to 14.25 Elective credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacists (CPE)

This knowledge-based activity provides 8.5 contact hours of continuing pharmacy education credit.

Physician Assistants (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 14.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Nurses (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 14.25 contact hours.

Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Continuing Education Credit Continued • • •

How Do I Claim My Credits?

To receive credit, login to the UPMC Center for Continuing Education in the Health Sciences (CCEHS) continuing education learning portal, <http://cce.upmc.com>. If you are a new user, choose “Register” to create an account. Note, records are matched to users by email address.

- Go to **My Account, My Courses**
- Choose **Pending Activities**
- Click on the **course title** to complete the course evaluation and claim credit

Physician AAFP members can log credits at <https://secure.aafp.org/login/>. Please allow three weeks for the course to be posted.

Physician ABIM members will be given the opportunity to claim ABIM credit. Please note, ABIM members must provide date of birth and ABIM number as part of their profile, <http://cce.upmc.com>. In addition, you must complete a post-test with a score of at least 70%. The post-test will be provided at the time credit is claimed (as described above) and participant’s ABIM information will be automatically submitted to the ABIM.

Nurse Practitioners pharmacotherapeutic contact hours have been designated in the course agenda. Nurse practitioners will be given the opportunity to designate these credits at the time credit is claimed (as described above). It is the responsibility of the learner to maintain a copy of the agenda as evidence of specific topics.

Pharmacists must provide date of birth and NABP number as part of their profile, <http://cce.upmc.com>. This is not your official credit statement, it only indicates that you participated in this activity. As required by the ACPE, credits for will be uploaded to the National Association of Boards of Pharmacy (NABP) within 60 days of completion.

Thank You For Your Support • • •

We gratefully acknowledge support from the following for this activity:

UPMC *and* **UPMC HEALTH PLAN**
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**Save the Date: Update in Internal Medicine 2021
October 21-22, 2021**